

SEVEN DAYS



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WAITING FOR WINOOSKI

PHOTO

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MAKING THE ROUNDS

PAGE 12

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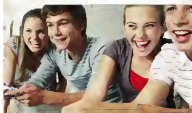
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THE LAST SEVEN

NOV 19, NOV 26, 2008 | COMMUNITY COLUMN WRITERS

Will Bike for Food

What do you get when you cross a food die and a bike race? Awareness. And 558 pounds of donated food.

Last Saturday Seven Days staff writer Lauren Ober was one of 38 riders who competed in the second annual Fire at Turkey Chase, an informal urban bike race known as an "illy" (it's hosted by the team behind Burlington Hardcore Bikes). In a blog post about the event, Lauren explains that the race normally involves a series of checkpoints and large quantities of utility (or, like PBR, Genny Cream Ale or Stroh's). Instead, this race involved collecting Thanksgiving food items for the Christendom Emergency Food Shelf.

The 15 mile course ranged through Burlington and South Burlington and included

stages at corner stores, supermarkets and gas stations. Riders bought the ingredients for a Thanksgiving dinner and hauled them to the finish line — The Quid North End bar on North Street. I paid for the turkey and the corned pig filling and then had to rearrange my bag to fit the bird and all the sides. "I wish Lauren told me to tell you that riding these miles with an entire Thanksgiving meal in your backpack is no small feat. The birds wing bones were jostling me in the back the entire rest of the ride."

Find her first-person account of the Great Turkey Chase on Blog at SevenDays.com. Photo courtesy of infothephoto.com



facing facts



OPERATION BARRY MANEATH

Last week's *SEVEN* Emergency Food Shelf food drive was a success. Donor products were donated to the shelves. Being so busy on holiday day, I couldn't



TOWN OF TURKEY

The Christendom Emergency Food Shelf food drive was a success. Donor products were donated to the shelves. Being so busy on holiday day, I couldn't



FENCE BOUND

The South of Vermont State Police have been looking for a place to build a new station. The police have been looking for a place to build a new station. The police have been looking for a place to build a new station.



GAP & PHILIPS

The Philips Lighting Store has been looking for a place to build a new station. The Philips Lighting Store has been looking for a place to build a new station. The Philips Lighting Store has been looking for a place to build a new station.



Whether or how much Phil will come to the event is not known for the *SEVEN* Emergency Food Shelf food drive. Whether or how much Phil will come to the event is not known for the *SEVEN* Emergency Food Shelf food drive.

TOP FIVE

POSTED BY: JEFF
ON: 11/19/08

1. **Next Up for the Burlington City Council, An Outrageous Seeking of a by Andy Manning** Will the City Council be looking at the Church Street Marketplace?
2. **'State of the Arts: Live Music Students'** by Lauren Ober: Web users will love the October 17th show. Will the 'Student State' students be looking at the 2009 election in the next?
3. **'The Game: Under the Influence'** by Shay Yellon: State will look for the 2009 election in the next.
4. **'The Game: Under the Influence'** by Shay Yellon: State will look for the 2009 election in the next.
5. **'The Game: Under the Influence'** by Shay Yellon: State will look for the 2009 election in the next.

blogworthy last week...

SEVENDAYS.COM/BLOGS



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Andrea Vio
GUILFORD

Recently bought a house in Winnsboro. Now embarrassing to have Doug Iahum make this city appear so backward thinking. (7th Doug Iahum, Inauguring His Conservative Values on the Winnsboro Board of School Trustees" November 20) Best to just vote him off the school board and keep Winnsboro politics there to make some positive, educated choices that move us forward.

E. Røysland



I, too, had concerns about the gas club contaminating the well water in the area. ["Neighbors Target a Neighborhood Gas Club," November 18] We live on Sunset Hill Road — not far at all. Could the lead get into the aquifer that feeds my well? I have three young children 6 and under.

I asked my cousin, who has a doctorate in physical chemistry and teaches at Providence College, to explain what would have to happen in order for the lead to make it into the water supply. After listening to him, I was convinced there would be no problem. Maybe [repeats] Andy [Dionigio] could assign to one of the chemists at UVM and print their explanation. It may quell some fears that people have about lead coming from an old water tower.

Matt Brunson
2011.11.17.16

I would like to state my appreciation for the response by Vermont Department

Duke attempts to defend the DPC by stating Picard provided both inaccurate and noleisure to answers to this question, but Duke skillfully ignores it. Was Mr Picard inaccurate when he quoted the commissioner's October 2 memo? Duke wrote, "We will see compromises in responsiveness and performance in many areas." It appears the chairman will only get worse, since reports of abuse and neglect are increasing. Picard's charge is that the DPC "is in the resources to investigate." Duke is in an even less

In fact, Vermont has the lowest rate of child abuse and neglect in any state in the country, which has improved to 33 percent, but is still half the national average. The question Commissioner Dale needs to answer is, "How long does it take the department to respond to the reports of abuse and neglect?"

Mr. Perard is to be commended for bringing this issue to the public's attention, and I hope he and Seven Days will pursue this story further.

Theodore A. Hoppe
THEODORE.A.HOPPE@JCU.EDU

Abstract

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VIDEO

Back in Vermont: *Chris Wilson* on *Tree-Jack's* Vinylographer *Stash* (the new video with no show "The World" at a multi-day screening of *The Twilight Saga: New Moon* on Thursday. The movie will not be on the 10 screens at the Montpelier 10 on Wednesdays.



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FUN STUFF

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CLASSIFIEDS

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SATURDAY 28

The Hills Are (Still) Alive...

If you've ever had to bite your tongue to keep from belting out lyrics at musically the **Sing-Along Sound of Music**, it's your kind of show. The 1965 Julie Andrews film hits the big screen again in deluxe costumes up and down in the meadows. No need to say "So long, farewell, auf Wiedersehen, adein!" to class. It's do like this one.

SEE CALENDAR SPOTLIGHT ON PAGE 54



FRIDAY 27 SUNDAY 29

Strong Roots

Don't let Turkey Day slip by without experiencing it 1960s style in the popular **Old-Fashioned Thanksgiving Weekend**. Enjoyed via perfect live-up food and November fare in an outdoor farmhouse kitchen and teach the history of the holiday before visitors happen into the Jersey story line on a horse-drawn wagon. After all, to know your future you must know your past, right?

SEE CALENDAR LISTING ON PAGE 52



SATURDAY 28
Wake-up Call

Music editor Dan Bollen suggests a healthy dose of Vermont two-soul artist **Myra Elyan** this weekend. The 28-year-old singer has a debut album, *Gravel*. She plays this summer at a series of upcoming live venues in the state. Her R&B-infused tunes and a soft, soothing voice will be useful for anyone in need of a better, more upbeat.

SEE MUSIC LISTING ON PAGE 48

everything else...

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FAIR GAME | Open session on Vermont politics BY SHAY TOTTER

Please Pass the Politics

It's Thanksgiving and, at our house, the table talk is likely to turn to politics. In Vermont the big question is: Can the Republicans hang out on the governor's seat in an increasingly liberal state?

Constitutional wisdom would give the Democrats the upper hand next year. It's been a tradition since the 1940s that the two parties alternate holding the governor's seat.

Still, a growing number of pundits—from *Vermont Business Magazine* columnist **GEOFF HANCOCK** to lobbyist **BOB SCHWARTZ**—say Lt. Gov. **RODOLPHE M. "SKIP" VALLEE** could win next fall thanks, in large part, to the crowded Democratic primary.

How so? It's a numbers game. In a five-way race, the primary winner will only need to garner between 12,000 and 15,000 votes, depending on the turnout.

If the primary steps in September, the winner will have just over a week to parlay that into nearly 310,000 votes to win the general election. In 2008, the year of the last unprecedented election, Gov. **Jim Douglas** won with 142,000 votes over his Democratic challenger, **SCOTT PETERSON**, who trailed 108,000.

So far, it seems Dubie's strategy is to wage a low-key general election campaign from now until November 10th and discuss requests to weigh in on the ongoing Dean debate because, well, he's a Republican.

Case in point: Last week Dubie was invited, along with his Democratic rivals, to a Burlington forum organized by the Vermont League of Conservation Voters to talk about Vermont's environment. He declined due to a "scheduling conflict"—otherwise known as the annual meeting of the Republican Governors Association.

Yes, don't you have to be elected first to join the group?

Dubie told "Fair Game" he made the most of his trip, benefiting from one-on-one policy talks with Govs. **WENDY MERRILL** (D), **BERRY GUNDEL** (R), **ANDREW LUNDIN** (D) and **THE JAVIERES** (R). Dubie also spent time talking election strategies with the newly elected governors of New Jersey

and Virginia—**CHRIS CHRISTIE** and **BOB BISHOP**.

"They told me to think about why I'm missing, once up with a plan and stick to the plan," said Dubie. That plus may need to be action soon rather than later.

Businessman **RODOLPHE M. "SKIP" VALLEE**—owner of the Maplefield convenience store chain—and he is thinking about challenging Dubie. Former House Speaker **WILLIAM DEMING** is also circling action about taking on the big gas.

All of which, Dubie is checking his right flank.

ELECTIONS ARE ABOUT IDEAS, AND I THINK IT'S IMPORTANT FOR VOTERS TO HAVE A SENSE OF WHAT ELSE IS OUT THERE.

RODOLPHE M. "SKIP" VALLEE

"I think they are sending a message to Dubie: The approach that worked for us in the past—to run a low-key campaign, avoid press conferences and skip out on debates—is not going to work this time," said **DEMING**, a retired poet from Middlebury College.

Dubie said he and Vallee have spoken and claims the two agree on fiscal issues. "We think that the way to move our state forward is to lower taxes, and certainly not raise taxes now, with the huge fiscal challenges we face," said Dubie.

He may have nothing to fear. Neither Bernhardt nor Vallee is an electoral powerhouse. Bernhardt ran statewide in 1988 for governor and in 1990 for lieutenant governor and lost both races, to **BARBARA RYAN** and **ANDREW DEAN**, respectively.

In 2003, Vallee spent a record \$194,000 on a losing bid for a Clarendon County Senate seat. Still, he insists on fiscal flowers in the wilderness at every Maplefield.

Former From **ANDREW HUGH** appointed Vallee US ambassador to Slovakia in 2008. He got the job by disingenuously himself as one Bush's fundraising

"Ranger"—he raised \$200,000 for Bush's 2004 reelection bid. Vallee surrendered his overseas post last December.

Vallee will make a final decision by the first of the year, he told "Fair Game." His potential candidacy is not a knock against Dubie, he said.

"Part of the thought process is how I can be most effective in next year's election cycle," Vallee said. "I like Brian, and Brian has shown he can win votes statewide, but elections are about ideas and I think it's important for voters to have a sense of what else is out there," said Vallee.

Democrats won't object to let Dubie off easy, either. They've created a political action committee called "Vermonters for a Democratic Governor."

"While the Democrats will be debating the issues, we want to hear what Brian has to say," said Burlington Democrat **IAN GIBBINS**, the PAC's treasurer. "Vermonters deserve to hear the other side before they make a choice."

Shine It on Enron

Many Vermonters are still scratching their heads about State Auditor **THOM GILBERT'S** press conference Friday, at which he delivered what can only be described as a rambling, half-hour monologue.

The stated purpose of the event was to answer any questions about his recent DUT arrest before December 1, the date Gilbert will face the drunk-driving charges in court. He told reporters he plans to plead guilty, he believes he had five drinks that night—two scooters before dinner, two glasses of red wine with dinner and a Melitta coffee drink afterward.

He also wanted to explain more about why he considers financial difficulty while living in Lenox during Christmas. He revealed about \$100,000 in debt and defaulted. The credit union and credit card company sued him, and he paid off his debts last early 2007. The repayment occurred just a month after he was twice in jail for \$54,000 a year job as auditor.

Sullivan generated an IRS form that showed heavy losses in Enron as

Advocates Charge Vermont Is Failing Its Elderly and Disabled Citizens

BY KEN PICARD

Increasing numbers of old, frail and disabled Vermonters are falling victim to abuse, neglect and exploitation — and the state agency charged with protecting them is so undermanned and overworked that it's just a matter of time before the media will be reporting "horror stories" about it.

That's the stark assessment from a loose coalition of advocates who work with Vermont's "vulnerable adults" — a legal term that encompasses anyone 18 or older who is elderly, infirm, mentally or physically impaired and receiving state assistance, such as welfare or nursing home and assisted-living facilities.

their severity and investigating only a small fraction of the total complaints received. Some of the department's counselors are taking on double, and sometimes triple, the recommended caseload.

"I don't think the current situation in the Champlain Valley," says Daily Fleming, executive director of CIVR — Community of Vermont Elders — a nonprofit group that advocates for the safety, welfare and dignity of Vermont's population of vulnerable citizens. "If you look at the state you see that the foundation of the state's public assistance is grossly unstable, abused and neglected, abused and failing."

Fleming was among a group of advocates

when Vermont's 185 residential-care homes and eight assisted-living facilities got evaluated. This is especially troubling, Fleming says, given that Vermont is trying to move away from housing its elderly and infirm in expensive nursing homes and aging instead for smaller, more community-based facilities, such as residential care homes.

Vermont's aging demographics are likely to exacerbate the problem. According to U.S. Census figures, people over the age of 65 currently make up 14 percent of Vermont's population. By 2030, that percentage is expected to rise to 19 percent.

"It's really disconcerting when I get into

state-mandated training that year. In another facility, an inspector observed a resident getting half the pain medication she was prescribed. In another, a dementia resident was receiving insulin shots at the wrong time of day. Such problems, she suggests, represent the tip of the iceberg.

"Good care should not depend on family friends or an ambulance filling a complaint on a resident's behalf," Majumdar says.

Such complaints are filed with Vermont's Adult Protective Services (APS), usually by family members or neighbors. But Fleming and Majumdar contend that only a small fraction of those allegations are being investigated.

I DON'T THINK THAT ADULT PROTECTIVE SERVICES COULD POSSIBLY DEFEND THAT. **IN NEARLY 1000 CASES THEY INVESTIGATED, THERE WERE ONLY 73 PEOPLE WHO WERE ACTUALLY ABUSED OR EXPLOITED.**

MICHAEL BENVENUTO VERMONT LEGAL AID

In the last year, complaints of abuse, neglect and exploitation of vulnerable adults filed with the Department of Disabilities, Aging and Independent Living (DAIIL) increased 48 percent. That coincided with a 17 percent reduction in the department's staffing, from 65 employees a year ago to 54 today.

Why the huge spike in abuse reports?

DAIIL Commissioner Joan Senecal suggests one reason may be that more Vermont families are looking for help at the state's domestic violence centers. Another major area of concern, she says, is the epidemic in prescription drug diversion. State investigators are reporting sharp increases in the number of family members and caregivers who are suing their past made from their elderly and sick wards.

Advocates say that DAIIL's inability to respond to specific allegations of abuse, neglect and exploitation has been so compromised that the state is now "breezing" calls based on

who attended a June 11 meeting of the DAIIL Advisory Board. Five and others were deeply alarmed by the agency's own assessment of its diminished capacity to protect those in need from abuse or neglect themselves.

Among DAIIL's revelations was that its Division of Licensing and Protection is so short-staffed that fewer than one in 18 is actually visited annually by state inspectors. Ideally, DAIIL inspectors should check in on every facility at least once a year.

But DAIIL's own records indicate that three out of four residential care homes and assisted-living facilities haven't been seen by investigators more than two years, and one in four has gone unchecked for more than four years. These haven't had a comprehensive inspection in more than six years.

Unlike nursing homes, which under federal law must be visited regularly by regulators, there is no statutory standard for how

an elevator and no that it was inspected in April of this year," Fleming notes. "But we have vulnerable adults living in residential care facilities that haven't been inspected in four or five years."

Judith Majumdar agrees. As director of the state's long-term care ombudsman program she's charged with overseeing the health and welfare of Vermont's nearly 2000 vulnerable adults. In her experience, many of the abuse complaints that come to her attention could have been averted if DAIIL had more resources to do its job.

Due to issues of confidentiality, litigants cannot discuss the details of specific abuse and neglect complaints. However, she offers examples of real problems that have been identified at facilities inspected within the last year.

Among them: One residential care home has no records that its staff had received any

and an even smaller percentage in substance abuse for further action. APS now has a backlog of nearly 800 cases, Majumdar adds.

Fleming says she heard from one DAIIL employee, "If a woman was in bed in a residential care facility and happened her own dress, we wouldn't be able to get to her for two to four months."

Senecal admits that such a complaint would be investigated within "hours or days," not weeks or months. But she readily acknowledges that the 17 percent staff reduction in her department has made everyone's job more difficult.

"Not if it was really a life-and-death situation someone was reporting, we would involve law enforcement immediately," Senecal insists. "If you're put on a 77-year-old lady whose drug schedule is in writing on her, we're going to get out there right now." No one says anyone is making life-or-death

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director of the Senior Citizens Law Project at Vermont Legal Aid, represents elders who've been physically sexually or financially abused or exploited. He suggests that if that same dog-biting was more obvious, his mother's bank account, or pilfering her gold watch, it could take weeks or months before that complaint is investigated. If ever.

In fact, Benvenuto had one mistake earlier this year in which, he alleges, the state's delayed response to a financial exploitation



charge cost her almost literally tens of thousands of dollars.

Benvenuto doesn't know whether the penalties are getting worse this year or if past cases are just being reported. He can say, however, that Vermont's rate of substantiating allegations of abuse, neglect and exploitation — 7 percent — is among the lowest in the nation.

In fiscal 2009, he notes, APS received 260 calls of alleged abuse or neglect, of which 954 were investigated. Of those 954 calls, state investigators substantiated only 91 cases statewide.

"I don't think that APS could possibly defend that, in nearly 1000 cases they investigated, there were only 91 people who were sexually abused or exploited," Benvenuto notes.

"There is limited personal data on a spreadsheet abuse of seniors and vulnerable adults," he adds, "but from what we can see and in other law we look down the numbers, Vermont is among the worst five or three states in responding to substantiating abuse."

However, DAI's commissioner was against drawing comparisons between one state and another, since each state reports its call volumes and investigation rates differ. Only Pennsylvania, she explains, CAPS takes phone calls from an elderly woman complaining that her neighbor's dog is barking all night, that case would be screened out and not investigated further.

"I just don't buy that," Benvenuto responds. "If a VNA nurse is in the home and thinks a senior is being abused, I don't see how half those calls are being screened out and not investigated."

Part of the problem, Benvenuto says, is that, unlike the Department for Children and Families Adult Protective Services has

a 24/7 emergency response system that can remove vulnerable adults from dangerous or exploitation situations.

"If DCF has a call that a child is being sexually abused, the police will arrive and DCF can remove that child and place them in protective custody that day," he says. "But if someone gets a call about a senior being abused, I've never heard of a situation in which APS would be the first responder and went out there."

It must be emphasized that Fleming, Benvenuto and Higgins don't point their fingers at DAI staff or the commission. All three say they believe DAI is trying as best under an increasingly challenging circumstances. "Candace is a financial administrator on

DAI's business office," she says that many of her fellow employees are just as concerned as advocates are about their diminished ability to protect vulnerable Vermonters. However, she says, many are reluctant to voice their concerns publicly for fear of "being put on the next ZIP list, which no one likes to imagine."

"The fact that lights are on at DAI, at 8 o'clock at night and people are staggering out the door says a lot," says Candace. "My fear is that we're going to get from being one of the best states in the country to grow old in to the bottom of that list pretty quickly."

What needs to be done? Last week, several advocates met with the legislature's health care oversight committee. Their recommendations included calls for an "independent and extensive evaluation" of the state's protective services and licensing systems, as well as annual inspections of every residential-care home, not named here; locally in the state.

Advocates are also asking the state to adopt a "flexible and efficient emergency response system" for investigating and responding to abuse, neglect and exploitation charges more quickly.

But, Jane Mitchell (D-Colchester) tells Jeanne Bays that the oversight committee hasn't decided what to do with those rooms and houses yet, but plans to put together a working group of stakeholders to explore those and other issues and report back to the legislature by March 18.

In the meantime, advocates say they need to keep the pressure on lawmakers to ensure that this problem doesn't go solved under the covers.

"Protecting vulnerable Vermonters is not a luxury only when resources allow," says Fleming. "It's a basic government responsibility, a moral imperative and an indication of a civilized society." ☐

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After 23 Years, the Lane Series Director Retires ... Sort of

BY ELISABETH CREAN

When someone doesn't want to reveal why he is so in love with a high-profile job, the polite explanation is usually "I want to spend more time with my family." But after 23 years of heading the University of Vermont's **LANE SERIES**, director **JANE AMES**, 70, really does want to hang out more with her growing grandkids. "Every Friday night during the school year is taken" with performing arts events, she says. "I'd like to be able to go to some of those stuff."

The university recently announced that Ames is retiring at the end of the 2009-10 season when career manager **MICHAEL BURET** will take over as director. During Ames's tenure, the Lane Series' mission evolved. Making it "more such-and-such friendly" has been a core goal, Ames says. As a "senior professor," she found herself tasked with mentoring the needs of both student and even faculty concertgoers.

When Ames first took over, most Lane events were held at Memorial Hall, known as "downtown Burlington." Programming focused on local big names, such as cellist Yo-Yo Ma and singer Lesley Prie. UVM's president at the time, Little Coe, "wasn't happy about it," Ames recalls. Locust, price and content kept students away. "What he said to me was, 'Bring it home.'"

The university's Lane in Allen Chapel was a logical venue, and Ames had found big concerts there. But she found a huge

problem: horrendous acoustics for intimate ensembles. "The dome prevents the sound of chamber music," she explains. Meanwhile, an acoustic space isn't ideally at the UVM music professors' front door. The music building has its own 300-seat **RECTOR HALL**. "The acoustics are so fantastic," she states. "It seemed like the obvious choice."

With the exception of a few events held every year at the **RYAN CENTER**, the Rector Hall has become the Lane's regular home. The modest number

of seats presents a challenge, Ames admits — it "limits us in what we can pay" an artist. "Because our direct relationship is in keeping the ticket price low enough so that anyone who wants to come to a Lane Series concert can come to a Lane Series concert."

The advantages of "an acoustically superb hall," however, far outweigh the slight downside. "Wood gets around" among performers and agents notes Ames, and helps the series continue to book up talent. The sound works beautifully for classical music, as well as the expanded range of folk and jazz offerings that she developed.

Ames' music when asked to pick



JANE AMES

LOOKING FOR NEW THINGS WILL ALWAYS BE SOMETHING THAT INTERESTS ME, AND I HOPE THAT I'LL ALWAYS BE A PART OF BRINGING THEM TO UVM.

JANE AMES ROSE

best pianists who were available."

Ames, who plays the harp and flute, has also taken great joy in programming a diverse array of early music, "because that's my first love," she confesses. Careful selection of repertoire has helped make Lane a well-known statewide exposure to new artists

highlight from her tenure. But she also cites the importance of establishing a relationship with the Van Cliburn competition, whose winners now perform at the Lane Series, and the **PIANO CONCERTINO**, a group of local classes that sponsors keyboard concerts. "Those activities are very healthy," Ames says.

Ames' secrets "We've been lucky to have over time, the

and unfamiliar pieces. "People go to music not so much to be entertained but to be enlightened," Ames believes.

Retirement, for the outgoing director, is a relative term. Ames will continue as a clinical music consultant to the Lane Series, take frequent trips to attend concerts and festivals, both domestically and in Europe, attend her "to sing stars in the music bar." "Looking for new things will always be something that interests me," she states. "And I hope that I'll always be a part of bringing them to UVM."

And news to the grandkids. Ames will still run up at the Rector Hall on many Friday nights, the credits legal, volunteer support for the Lane's success and the enjoyment she's had in her job. "The reason that I'll continue to go to concerts is not only that I want to hear the music," she explains, "but that I want to keep seeing the people that I have learned to music with for such a really long period of time." □



Vermont Master Storytellers Spin Out a New Collection of Tales

BY RHEMILA POLSTON

WORDS washed by bedtime stories, that prompts are captured by books on tape or podcasts — or that you remember **TIM JENNINGS** and **JANE AMES** as transmitters of all sorts. They certainly do that in person, but the magic persists on disc, as evidenced by their new recording, *The King of the Thrush*. Most that is a success.

Jennings and Ames are master storytellers and musicians — on concert and in book, respectively — who live in East Montpelier and make a living from their considerable talents. It's a modern thing, to be sure, though why great storytellers are not paid handsomely as a mystery. The pair consistently

performs in a manner also called **SHAPING**, but telling stories has been their main gig for more than two decades in folk festivals, schools, theaters, libraries and other venues across the country.

"Telling" is too neutral a word, however, to convey how Jennings and Ames deliver a tale. Jennings, an unapologetic with long black hair and a full beard, has a commanding roar and gravel. Ames, a graceful woman with a braided mane and a penchant for long skirts, often a feminine counterpart in an expressive and considerate role. When Jennings' voice leaps out to stifle you, Ames' counters. Along with this dramatic emotional contrast, Jennings and Ames have perfected a rhythm of alternating



JANE AMES AND TIM JENNINGS

and sometimes overlapping voices that is hypnotic and utterly captivating.

They also share their material well. Talk takes them themes are universal. While old, these stories are new and lively. On *The King of the Thrush*, which was recorded before a live audience, Jennings and Ames offer four "rules of goodness and greed" interwoven with Celtic music. The title story is particularly serene: their music, and I'm not going

QUICK SHOTS

Book: It opened, became a community center with two movie screens in 2006. St. Johnsbury's **CELEBRANT ARTS** has become the Northern Kingdom's hot spot for foreign and indie film. This program ended its first, never-to-be-repeated Burlington Mall-to-Burlington Mall run. Current running shorts include Japanese starlet Hiroko Kato's 2007 *Widow on New Year's Eve* and the pretty drive-by film starring comed in Boston David, on December 4.

So it's no surprise that Celebrant has teamed up with **FRONTIER FILM**, present organization of the **CELEBRANT FILM FESTIVAL**, to serve as a "festival for adults" for the 12 year old first time film festival March 14-15. **SAVING PRIVATE** and other downtown Montpelier movies. The festival 10 days of Montpelier screenings from March 18-26 will be followed by a companion St. J. program from April 1-10, including a showcase of high school filmmakers.

BRUNNEN has been on film executive director says the film festival with Celebrant Arts, available to watch on even broader out since while retaining the (GPA's) intimate scale.

Meanwhile, local film fans may be wondering about the festival the Snowcap itself. Last July the events of the nearly 30 year old single screen at house **RAIN WINDS** and **AMERICA'S** announced they were looking for a buyer — someone with film roots about how to keep the theater viable in the age of Netflix and multiple screens.

Brushed by phone, Winston says he's not at liberty to describe any deals in the offing, but he means "There's a mistake and something probably will happen." Watch this space for news.

Burlington director **FRANK WHEEL** reports that he's currently editing his first feature film *Bookend*. (It's previous work, *Bookend*, screened on VHS and at the 2008 Vermont International Film Festival.)



Bookend is a comedy about a young man who bottoms out in the city and decides to hike all the way back to his hometown in Vermont — taking a caboose car that found along the way. Close from the film are up on his blog and other ways to look for a forthcoming website, bookendmovie.com.

Look for more news around the country are getting acquainted with the spooky swamps of Addison County. Filmmaker **MARK TURNER** of Vermont did not take this action horror film *The Devil's Creek* has been accepted into January's Phoenix Film Festival. The movie has already had C.C. Wiley and Fugate before showing up at the **VERMONT HORROR FEST** in a past installment.

MARGOT HARRISON

JENNINGS AND POWDER HAVE PERFECTED A RHYTHM OF ALTERNATING AND SOMETIMES OVERLAPPING VOICES THAT IS HYPNOTIC AND UTTERLY CAPTIVATING.

to give away the reason here: *Buffalo* is the way that adults will filter this conclusion through the lens of modern global tensions — speak up of universal — while some small children can grasp the "moral of the story."

If that sounds heavy, it's not. Jennings and Powder are frequently funny, and seem to regard their stoner characters with benevolent compassion — even the foibles, crimes and misadventures. It's no surprise the couple's previous recordings have garnered awards from the American Library Association and the Parents' Choice Foundation or that they were a competitive **NEBRASKA ARTS COUNCIL**, Creative Grant to make *The King & The Thrush*.

possibly. Jennings and Powder are present day at with one live show around Vermont, this week through January. The official CD release party is this Friday in Montpelier. Do not miss.

The King & The Thrush performance and CD release, Friday November 27, 7 p.m. at the **W. Wood Festival** in Montpelier. Free, but non-refundable donations for the food stand are welcome. For tour schedule and other info, visit www.kingandthrush.com or watch the Seven Days calendar.

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GETTING BY | Vermonters surviving the recession
BY SUZANNE POSHAUER



Talking Turkey

When the last bite of pumpkin pie is gone and your T-Day guests are watching movies or playing board games, I'm left with a nagging question: "What about the leftover?" Sure, I could pick the potatoes, bring the Brussels sprouts and send them home with Grandma. But those days, I aim to stretch the bird and pieces as far as I can.

The simplest solution is to reduce Thanksgiving dinner on Friday (and Saturday and Sunday) with the help of the microwave. And there's always the good old turkey sandwich with mayo and cranberry jelly. But if those pros prove here you, try some less common ideas for making the most of your feast fragments. Just be sure to heat up recipes for the more complex ones.

The Turkey

Green is hardly subtle when turkey meat is so added by dishes from around the globe, but Mexican food is an especially good pairing. Historians believe the Aztecs were the first to domesticate the fancy-looking bird, and that many modern Mexican recipes with chicken originally would have been made with its bigger cousin.

Raw blades are one neat way to wrap up leftovers. Cut or pull the leftover turkey into bite-sized pieces, season it well with salt and pepper, wrap it in corn tortillas, pour on hot sauce and sprinkle with grated cheese. Warm the sandwiches in a fryer, and voila! Turkey is great with milk sauce, too, and can be added to tacos or burritos.

Not into Burrito of the Border? Fast food that. Cooked turkey can be incorporated into all kinds of curries — rich, creamy ones carry meatballs or meatballs and potatoes, or a hearty bowl of Indian curries. If you've got soy sauce, mint and lots of garlic, wrap up a veggie stir fry and add the cooked turkey at the end, giving it just enough time to heat through. Serve this over jasmine rice to give yourself a break from potatoes.

A snazzy post-holiday brunch is an other occasion to turn poultry scraps into something delicious. Chop up the meat and cook it with onions, garlic, cubes of roasted potato or sweet potato, some thyme and a lot of mustard and cream, and you've got turkey hash. Pop some poached eggs on top for a hearty a.m. offering.

Or make a savory bread pudding. Just mix eggs, cream and a complementary cheese, blend with the leftover stuffing and turkey, and bake. Simpler options include turkey topped sandwiches and crisps. If you decide to stick the food with precision, don't forget to add a smear of cranberry jelly.

Really, you can use up both your meaties and meat by making a turkey "hashbrown" pie. Layer the poultry, leftover veggies such as green beans or Brussels sprouts, and roasted potatoes in a baking dish. Top with cheddar and bake.

with pork. Stir up a couple of chops, glaze with jelly and serve with cooked cabbage or raw kale. Or treat it like any other jelly. Slather it on bread with peanut butter or cream cheese.

The Carcass, Giblets, Neck and Gravy

Although it used to be de rigueur to add turkey giblets to the gravy pan, this practice seems to have fallen by the wayside. If you're not too squeamish, though, the offal can make your post-Thanksgiving stock that much better. Simmer the bones

A SNAZZY POST-HOLIDAY BRUNCH IS ANOTHER OCCASION TO TURN POULTRY SCRAPS INTO SOMETHING DELICIOUS.

Mashed Potatoes

Over the years, I've come up with two tricks for using my extra spuds. The first is to turn them into croquettes. A little cranberry sauce, a couple of eggs, a mix of bread crumbs and a hot pan are all it takes. Mashed goods make fantastic, hot-it's-just-as-easy Add flour, eggs, salt, pepper and Parmesan to the mash, mix the resulting dough into "worms" and cut each one into half-inch pieces. Fry the dumplings for a couple of minutes and serve with your favorite sauce.

Sweet Potatoes and Squash

Nearly anything you can do with potatoes, you can do with sweet potatoes. Besides the tricks already mentioned, try adding sweet potato or squash purées to muffins or pancakes for extra flavor and vitamin A, or swap them with lard and cream to make soap.

Cranberry Sauce

If you're totally out of turkey but still have cranberry jelly or relish, don't forget that the sweet, tart condiment goes perfectly



off peoples plates and put them on a stockpot with the giblets and neck, a bouquet garni and enough water to cover. Simmer for a few hours, adding celery, carrots and onions about an hour before the end, and strain when cool.

When you make soup with the stock, add the remaining gravy a few minutes before you serve. The concentrated pan drippings, herbs and flour will make your soup extra thick and flavorful.

With a little ingenuity, your holiday garbage will give you material for an other week of meals, with no repeats. Happy eating! ☺

Getting By is a column that appears every other week in Green Days. To learn more about Vermonters who are surviving the current economic downturn, visit our personal stories and money-saving tips page by clicking on the link below. Send your news submissions to city@vermontmag.com.

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THE PRICE OF PLASTIC

Re: "Seven Days Bags a Story the Few From Wexford's Trash" (October 28)
Recently the city of Toronto started charging a 5-cent fee for each bag used. Now stores throughout Ontario are charging the fee — even Home Depot! It makes you stop and think if you really need a bag, or not, but is pretty convenient at times! I think banning them altogether would be worse. Why not do what California's Whole Foods stores do and use paper bags?

Len John
BRANTFORD, ONT.

INDENTURED INTERN

With all her discussion about interns, I'm surprised that Judith Levine ("No Pay," November 10) missed the latest news about internships for sale. Yep, people are now paying for the "right" to work by the hour. Today's average youngster escapes the clutches of the education mafia, he'll be desperate to do it: then his parents or even his relatives, and seek the corporate bosses who, with all that education, power in his skill set for gainful employment. Better charge him for the privilege of working for another five or 10 years before they actually pay something.

Another decade of this trend, and no one will be paid till they're so old that it's time to retire.

Why does the Dow always keep for joy over massive layoffs? What kind of economy "recovered" and "improved" when there's been no decrease in joblessness? Whose economy is it, anyway? It sure as hell isn't "neoliberal" for most of us. It seems to me that, eventually, the supply of any credit and cheap foreign labor will be exhausted. When they can't make or finance stuff any cheaper, and when we can't get any more credit to buy their stuff, maybe they'll have to pay us to take it. I think what we need is a nationwide strike. Everybody just stop what he's doing, and refuse to budge till they provide us with a plan which negates the prison, and provides clothes, housing, food, education and health care for all. If we could stop working all our

resources on war, debt and consumerism, such a plan would be pretty easy.

Steven Fainberg
PLAINFIELD

SHUNNING IS STANDARD

From time immemorial, close-knit human communities have used shunning as perhaps the most humane and effective way of responding to members who violate the group's taboos ("Mighty 5," November 4). In today's "enlightened" societies we simply put transgressors in jail or execute them, two very extreme forms of ostracism. America's early settlers used shunning as a precursor of public order.

The Backus (and Opa) Brothers take their cues on shunning from the half dozen New Testament texts on the practice. The Catholic Church practiced extreme excommunication and shunning until 1981. Today an estimated 10 to 15 percent of Protestant evangelical churches use some form of this practice, in its more orthodox Jewish and Christian congregations. Religious

shunning is found in various forms in such diverse religious communities as the Amish and Mennonites (which also, like the Plymouth Brethren, isolate themselves from the outside world), Jehovah's Witnesses, Church of Scientology, Krishna Hridaya, Bahai's and Wiccan. Shunning was also practiced in many hunter-gatherer societies.

While we may not agree with the rules of any particular religious community in every case, they are intended to protect the integrity of belief and practice, and being forced out of community for violating taboos is a natural consequence of defiance. Take any system of justice, it can be said and is shown that for all the denunciations of such cult-like groups as the Exclusive Brethren, let's not forget that more harm has been inflicted on individuals and the world by mainstream religions that by all the same ones combined. Given that fact, mandating a distancing from contemporary culture is not necessarily a foolish thing. And requiring that those who cross the line remain across the line is not unreasonable.

Robert Renshaw
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Middlebury Mountaineer

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Steve Atchua and Jesse Heller, the co-owner and mountaineer respectively of Middlebury Mountaineer, work hard at getting people out of their store. Out, that is, into nature, fully equipped. Since 1998, Atchua and his wife co-owner Helen have carried sports gear and clothing that help locals pursue their passions in hiking, snowshoeing, backcountry skiing and other activities in the area.

And these passions are not just retailers'. Atchua spends his free time paddling or Nordic skiing depending on the season while Heller fly fishes on the river six days a week. "We have a staff in here that uses everything," says Heller.

"I think people coming in here are looking for our opinions," adds Atchua.

Middlebury Mountaineer also provides guided excursions for kids and adults. Heller can sign up for night-time hiking trips or high peaks snowshoeing with the Middlebury Nordic Club, or take part in a yearly fly-fishing competition — the first in the state. "Being a small shop," Atchua says, "we can offer everything. We offer what we like and what we think is good. We try to steer people in the right direction."

CAROLYN FOX



Dear Cecil,
I just read your 1981 column on what would happen if the Earth were swallowed by a black hole. I'm wondering how well this column holds up to current theory.

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Not well. In fact, to hear some talk, it pretty much sucked at the time. When my old black hole column popped up recently on the StraightDope.com console of classics, a typical comment went like this: "There is nothing wrong with having a little fun, but that column doesn't really give the reader any good information about what would actually happen if he approached a black hole."

I concede I didn't approach the subject with 100 percent seriousness, disappointing those looking for practical advice. I was, however, practical in my way. As I went to some trouble to make clear, you personally wouldn't have any notion of what was happening as you approached a black hole because you, personally, would be dead. However, that isn't what the critics want to hear. They want to know what you hypothetically would experience, at any rate, what your remote would experience, so, vent by the mood of God. One wishes

to please. What follows are practical instructions on how to make the most of your black hole experience, even if you don't actually experience it.

Ignore any superstitions, collapsing creation stories, asceticism, dualism, etc., that may occur. All of these things were mentioned in the original column as being among the legends of black holes. I don't say they don't have their aspects of interest, but they're not essential to a black hole. You don't want it said you got this close to a black hole but then were annihilated by a phenomenon of secondary importance.

Don't worry about falling forever toward the black hole without ever actually getting there. I said that was one of the possibilities I acknowledge with shame that I was wrong. The truth, insofar as this can be known about an event that's fundamentally unknowable, is that it might appear to an outside observer that you were falling indefinitely, for reasons

I don't find it's necessary to explore. However, you yourself would rocket through right on schedule, or at least we think you would.

Between the tidal forces you get in the heart of the matter. You may have heard that tidal forces disintegrate things. You don't know

the half off! Once you're experienced a black hole tide, you won't complain about anything else ever again. The essence of the thing is this: The faces of gravity, which maintain the solar drops of quarkly web distance. The part of an object closest to the center of gravity gets tugged on the most, the part in the middle a middling amount, and the part furthest away the least. The result is that the object becomes elongated, like a football. That's why there are two crescent holes a day on opposite sides of the Earth.

If the force of gravity is particularly strong, the object becomes really elongated, like spaghetti. You can see where this is heading, and from the standpoint of your health it's not good. The pull of gravity exerted by a black hole is so staggeringly high that due to tidal forces your very molecules will be rearranged, reducing you, for all I know, to your constituent quarks. That is the questionable thing into a black hole experience, and is your certain fate.

Forget about wormholes. Wormholes are much believed

of theories. They're tunnels in the space-time continuum that, theoretically, provide a shortcut from one point in space-time to another, as in the board game *Chutes and Ladders*. A black hole can, theoretically, serve as the entrance to a wormhole, which seems to offer exciting possibilities. Unfortunately, wormholes collapse as soon as they form, making them impractical as a means of space-time transportation. The theorists have proposed ways of getting around that problem, but this is no time for every tower of Babel.

Aim for the biggest black hole you can find. This is likely to be useful black hole surfing, assuming we take a broad view of what

constitutes success. If the black hole is large enough, you might be able to cross the event horizon (that is, the black hole boundary) before the tidal forces get you. Provided you haven't previously been killed by something else, you may be cognizant, however briefly, of having achieved the pinnacle of the ultimate extreme sport.

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Waiting for Winooski

Four years after the city's latest downtown development opened for business, where are the retailers?

BY ANDY BROMAGE



Downtown Winooski is hopping.

Window shoppers crowd the sidewalks along the red brick Winooski Falls retail complex.

Two helmeted cyclists are kicking their bikes to a curvy steel bike rack. Students totter backpacks that as they stroll through a large, park-like traffic circle.

The sun shines down from a brilliant blue sky onto the tree-lined promenade, a man carries shopping bags back to his car. It's a pedestrian scene paradise, a perfect picture of new urbanism in the middle of Vermont.

Tiresome, it is a picture — an artist's rendering of what Winooski Falls was supposed to look like when merchants and residents moved in to the new — and so-called as development that has transformed the heart of the Otter Creek City. The drawing was part of the information packet used to sell the citizens of Winooski on the project.

The buildings have since gone up and people have moved in. Some businesses and educational institutions have also put down roots in Winooski, but four years after the official ribbon cutting, the cafes, bookstores and flower shops

are still missing from the scene. Empty storefronts advertise the absent activity. Their display windows are plastered with colorful signs extolling, "Now end or gift store here!" and "Your boutique here!"

Dealers of the neighborhood do crowd the sidewalks around Spenser Place, but most of them are waiting for buses to take them somewhere else.

Across the street from the new building, the historic Champlain Mill has lost all its retail activity. It has clearly added commercial tenants, but vast amounts of space — the entire fourth and fifth floors, with breathtaking views of the Winooski River — remain empty. One business owner with offices in the mill describes the former mill as a "ghost town."

Winooski dwellers can't help but notice the vibrant urban camaraderie they were promised has yet to materialize. What they may not realize is that it's also costing them money: almost \$50,000 a year in lost tax revenue. The longer it takes to fill these storefront and office spaces, the more time it will take to pay off the loans that funded the construction. Only after those debts are retired will Winooski Falls start generating tax revenues that benefit the town.

The project's developers, and the City of Winooski, are pleading for patience. They blame the down economy for the lack of retail action and promise new tenants are on the way. But Winooski's unique history makes the waiting that much more painful. In its 2006 book entitled *Winooski: Art and Transformation*, photographer Dan Higgins wrote, "A running joke around Vermont is that 'Winooski is a town that is always about to have a bright future.'"

Underlying this sentiment is a reference to the many highly publicized plans the town has promoted over the years for reinventing itself.

Winooski has been a laboratory for "urban renewal" experiments since the U.S. government seized the town and started making money available to blighted areas. In the late 1970s, federally financed working bells leaved a large chunk of Winooski in order to transform the Champlain Mill into a retail shopping mall. The downtown eventually became a parking lot. There was even talk of covering the entire city with a dome.

URBAN DEVELOPMENT

storefronts, they assume that the project isn't moving along as successfully as we'd hoped, and that's actually not the case," says Ken Kraveman, Hillman's point man in Vermont. "We're at the point where everyone can see what's here and there's a critical mass of people living downtown."

The luxury condominiums at The Cascades aren't selling as quickly as expected — Hillman has sold about a third of the 70 condos in the building, some of them for as much as \$750,000. Plans for constructing another 95 condos in a second building have been delayed until the economy shows signs of improvement.

But the history Spenser Place is now home to hundreds of undergraduate students from Champlain College and the University of Vermont. Champlain has a waiting list of students who want to rent apartments in Winooski.

The 213 apartments at Koen's Crossing, a mix of affordable market-rate units, are 95 percent occupied.

Despite its moderate residential success, Winooski Falls hasn't created the street scene envisioned by developers — one with "small shops, busy restaurants,



Using \$66-million from government grants and loans, and millions more in private funds, Massachusetts-based developers Hillman Management and its Vermont partner, The Riverfront Co., essentially put Winooski back together again. The Winooski Falls project turned the former Champlain Mill parking lot back into a gleaming brick neighborhood recognized nationwide as a model of "smart growth" and "brown oriented" development.

It's an appealing concept — at least for residents. "When people are vacant

units, and coffee serving coffee and fresh pastries." And the retail component of the project, though by no means its long-term income generator, plays a large role in determining the vibe in Winooski Falls.

Newly appointed city manager Katherine "Dess" Desrosiers says she's heard from residents who are worried about the empty storefronts. Last month, she even acknowledged the problem in the Winooski school district's monthly newsletter.

"I think we will start seeing retail come in [just fall] if not before," Decarreau wrote. "I know this is a sore spot and I am working to move forward."

Decarreau inherited the complex development project in July when she was hired as city manager. A native of Wisconsin, she has assumed a lead role on the project, talking almost daily with the developers and city and state officials involved.

South Burlington firm Allen & Brando, says this is a common recession-era strategy. Landlords everywhere are lowering rents and offering more incentives to lure businesses into empty retail and commercial space. Allen says the economy hit the retail and commercial sectors hard — especially because consumers are tightening their belts — and that Wisconsin Falls came online "right when the troubles started."

But for at least one, would-be tenant,

roads, "Future Site of Neighborhood Market." The owners, Robert Licherwic and his wife Deborah Jensen, were living in Kaur's Crossing at the time.

Licherwic says he envisioned a Wisconsin market with some combination of a deli, juice bar, coffee stand and sidewalk seating under awnings in summer. In other words, exactly the kind of place the developers wanted.

But the deal fell apart. There was not enough curbside parking and no place

"There's not going to be big parking lots and loading docks. Everything about this project requires creativity, flexibility and thinking outside the box. If you're thinking about doing anything cookie-cutter, this isn't the environment to do it."

HalKien is betting that there are enough potential tenants willing to meet the challenges of Wisconsin's downtown spaces. But it's a long shot until there's a glut of more convenient commercial real estate available in Burlington and Wausau.

Haggins has seen new businesses come to downtown to plugback on the new development's success, only to close up shop and leave when filling up Wisconsin Falls "dressed up."

"They took a big bite and the city is on the hook for a lot of money if this doesn't take off," Haggins says in an interview. "Things could get ugly."

IT'S LIKE THE GAS IS ON, BUT YOU'RE WAITING FOR THAT SPARK. WE HAVE A LONG WAY TO GO BEFORE DOWNTOWN IS THRIVING.

KIRSTA MICHAELIDES, OWNER, DONNY'S PIZZA

"We hit a bump in a fantastic idea," Decarreau says during an interview. "And it's the same bump that the whole country and half of western Europe hit at the same time. The bottom fell out of the financial market and money stopped moving."

Braverman agrees that the sour economy is to blame for the lack of retail tenants. "Opening a business is risky enough," Braverman says. "Doing it in a downcast economy is really a challenge."

He says HalKien has done everything it can to attract tenants to the space, including lowering the rents. HalKien has slashed lease rates by 20 and 25 percent — from \$18 a square foot to \$13.50 on Wisconsin Falls Way, and from \$36 a square foot to \$22.50 on Main Street.

Independent real estate analyst Steve Allen, of the

the problem wasn't money — it was the limitations of the space.

Fresh Market, a gourmet grocery on Pine Street in Burlington, was owned by HalKien last year to open a second store in Wisconsin Falls, in the

space with the year-old sign that

sent back for Daupsters. The front door was the only option for loading and unloading.

Licherwic says HalKien tried to accommodate. Fresh Market, offering, for instance, to place Daupsters in the parking garage a short distance away. But Licherwic says he didn't want employees climbing over snow banks, digging garbage cans into a "dark, dark" garage at night. Then the economy melted and Licherwic put his expansion plans on hold.

"This is a downtown, this is a city," says Braverman, who asked about the deal.

Braverman predicts Wisconsin Falls is "about to explode." He says two new retail tenants will soon occupy the entire block along Wisconsin Falls Way, across the street from the Champion Mill. One is a locally owned bakery and cafe. The other is Opportunities Credit Union, which will take up the equivalent of three storefronts on the ground floor of Spinner Place.

Braverman suggests that once these tenants move in, sometime this spring, other retail tenants will follow.

Opportunities Credit Union may stay open late certain nights of the week, according to Marketing Manager Ed Harrington, who sits on the Wisconsin City Council.

But it certainly won't fill the nighttime niche. For that, Braverman is counting

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Waiting for Winooski

BY JIM

on the Winooski restaurant space in the Champlain Mall that used to house Waterworks Restaurant. Restaurants have inquired about the space, but MelKens is holding out for just the right tenant.

"The right chef with the right concept in this space is going to be incredibly successful," Brownson says.

Upstairs from the restaurant space is one of the other bright spots downtown — Champlain College's Benning Media Center, where future game designers and tech entrepreneurs are trained. The EMC is a hub of creativity and industry filled with young people who have the wherewithal to develop video games and software apps.

Another school is opening in Winooski next fall. The Community College of Vermont is moving its campus to the eastern edge of Winooski Falls, bringing 2800 computer students to the city.

City Manager DeCaruso thinks that will mark a turning point in the project. "They'll be wanting to have a cup of coffee or a sandwich," DeCaruso says. "That should be a pretty nice driver that'll start stirring up downtown."

Allen, the real estate analyst, agrees that the CCV campus will make the difference for Winooski. Until then, though, he doesn't believe the millage-age city has sufficient population to attract the retail tenants.

"The two real critical pieces that will enable that retail to succeed are the Community College of Vermont and the Champlain Mill," Allen says. The Champlain Mill has some 150,000 square feet of vacant space, he notes. "That's a lot of office workers," Allen says. "That kind of potential demand can really support retail activity, like specialty shops."



WORKING TIP

Winooski Falls was supposed to be a big success story. Employees had in 2007 suddenly learned that it was actually costing them money last week. City Manager Katherine Reed DeCaruso revealed the going rate: \$148,000 a year.

How'd it all happen?

The answer lies in the complicated deal that the Van Pelt Planning district the city and state established to pay the infrastructure costs associated with building new multi-family developments and a parking garage needed to support Winooski Falls.

In order to ensure Winooski's employees weren't taking property tax developments calculated costs, the legislature set up Winooski Falls as a Tax Increment Financing district, or TIF, to pay those costs.

The city borrowed the \$13.5 million to finance the infrastructure to build out, which is to be repaid over the 20-year life of the new multi-family property taxes collected from the new apartments, condos and streets opening up in Winooski Falls. The property within the TIF district, in other words, pays for the roads, sewers and lighting needed to build it.

The cap deal that a agreement set up by a Legislature that got sidetracked by back the multi-million dollar loan — the project financed its own infrastructure costs. The district is before a panel of state was 20 years — until the infrastructure loan is completely paid off — that a deal that has resulted in the TIF property starting to pay into the pot of funds to pay for city services like police or fire and the police station.

The only money that continues to flow into Winooski's general fund during that 20-year term paid when the taxes collected off the property that became Winooski Falls — the stop and parking lots — before it was extinguished. That general fund revenue was around \$20 million.

But something happened along the way that, some might say, was a bit of a twist. The state study that created Winooski Falls cost it stated that the total value of the city's small and parking lots, the \$13.5 million would remain frozen during the 20-year life of the loan.

Two years ago, Winooski conducted a regular evaluation of all property tax rate. Because property values had gone up since the last evaluation, the city's tax rate was lower than being properly tax dollars in.

So when the "frozen" value of Winooski Falls property was frozen at \$13.5 million that meant the city was collecting less tax money from the property — about \$150,000 less — because it was frozen at the low value.

Another problem: Empty homes and vacant storefronts that produce as much or less revenue as filled ones do as paying off the loan, a blow to the city's budget and the city's revenue.

On November 10, DeCaruso said she had been to the Winooski City Council. The city's revenue, \$148,000 budget deficit — a number that's rising fast because of the drop in state and the Winooski Falls tax revenue — will increase next year, she says. The city's budget deficit, without any hike or significant spending cuts, the deficit could reach \$1.5 million in a budget year. That's a lot of money to make. Winooski's entire city budget is only \$3.5 million.

"We're going to have to start some serious work," DeCaruso says.

WE HIT A BUMP IN A FANTASTIC IDEA. AND IT'S THE SAME BUMP THAT THE WHOLE COUNTRY AND HALF OF WESTERN EUROPE HIT AT THE SAME TIME.

KATHERINE DECARRÉAU
WINDSKI CITY MANAGER



Windski concrete seems to be a boom-or-bust proposition. Plenty of businesses have come and gone in the past few years — the Blue Star Cafe, Road 98, Dwyer's Parking and Shipping, to name a few. But the business owners across the roundabout who've stuck around say they've done great, and most of them predicate the influx of downtown dwellers.

Tony Thai, Smeaton and Page French's owner to read. Similarly, Michelle Dupont says business is booming at her downtown beauty salon, Terra Lume, but mostly from an established clientele whose hair she's been styling for years. Her main concern is getting the stores in place that will make Windski a "destination" town rather than what she calls a "drive around the circle as fast as you can town."

Parking is also a problem. Laura Brown of Purple Shutter Heels, a frequent hotspot on the west side of downtown, is concerned that Windski Park's 945-space public parking garage — initially conceived by the Spencer Place building — is so well situated that customers can't even find it.

One restaurant owner says the development actually cost her customers. Dwyer's New York Pizzeria used to fill up every day at lunch with employees of the Vermont Student Assistance Corporation when its offices were in the Champlain Mall, says general owner Kevin Michalides.

But once since VSAQ got its own building on Windski Park — with an

in-house cafeteria — lunch at Dwyer's has gotten a lot less busy.

Dwyer's does back business delivering, printing but not to the hundreds of undergraduates living at Spencer Place. Luckily, the restaurant has loyal customers and does a great catering business, Michalides says.

Poking a head behind the bar, Michalides reaches for a kitchen menu, plot to describe the state of Windski's resurgence.

"It's like the gas is on, but you're waiting for that spark," he says. "We have a long way to go before downtown is thriving."

For her part, Decarreau remains optimistic about Windski's resurgence. Essentially, she remembers will ease, the credit crunch will lift and money will start flowing again. With any luck, that will happen around the time thousands of Community College of Vermont students begin arriving at their new campus.

"You'd like to believe you get it all right the first time out of the box, but you never do," she says.

Decarreau remembers walking the banks of the Windski River as a kid, when the area was populated with trees and other junk. Despite numerous setbacks over the years, and the current recent retail spaces, the downtown has been transformed.

"Most," she says, "it's beautiful." ☐

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Well, you guessed her up. You're behind the wheel, with your arm around your sweetheart in your Oldsmobile. You're hunching over the barstool, looking for the heart of Saturday night.

—Tom Waits, "The Heart of Saturday Night"

It's a recent Saturday night in November and I am indeed hunching down the barstool. Well, OK, Pearl Street in Burlington. And I'm in a taxi, not an Oldsmobile. But my arm is around my sweetheart as we cruise past the big block of a bustling Church Street Marketplace. On the corner of North Winooski Avenue, two of the Queen City's more reliable nightspots, The O' and Blackie Blues, already have amiable crowds. Typically, we might be among those revelers. But tonight our destiny has elsewhere.

Our chosen spot is just Pearl Street Beverage and up the hill. As expected, pedestrian traffic is running against us, as mini-mobs of college students make their way toward downtown. We zip past the University of Vermont and the hospital, and through the intersection of Pearl and East Avenue. Winding past a cemetery, we notice a number of streetlights have burned out. Then, just as quickly as we enter the dark of night, a faint orange glow appears and invites us onward. And so we descend the hill into the city of Winooski, looking for the heart of Saturday night.

And maybe a good bar or two.

Following a quick meal at the Dang Vietnamese Café, we make our way north by foot along Main Street. We have been joined by three companions — lets call them Lala, Tina and Jerome — all veterans night owls. Our goal: to make the rounds in the Queen City and assess its nightlife.

There's a palpable sense of anticipation surrounding our first stop, O'Brien's Pub, famously The Raucous Lodge Until now, this particular bar has remained a curiosity among our crew. Despite the "Public Welcome" signs posted here, north of the bar's entrance support, none of us had dared set foot in the joint before. We had subscribed to the conventional wisdom that it was a private club, which it no longer is — and, according to the bartender, hasn't been for a very long time.

I expect a dance "stranger" session into the local saloon: some record scratching to a half heads swiveling as the locals strategically eye the newcomers. But when we enter, hardly a soul



Making the Rounds

The roundabout ain't the only place to get the spins in Winooski

BY DAN HOLLES



Exhibition at The Monkey House



On duty at 10:30 p.m.

among the 20 or so folks gathered around the horseshoe-shaped bar so much as glance in our direction. Journey blares uninterrupted from the jukebox.

We order a round of beers from a surprisingly limited selection, though, as Tina notes, it's strange that an "Irish bar" doesn't serve any Irish beers. Taped to a southeast corner concrete wall, a handwritten sign advertises New York stop smalls for \$10.65. Making our way past this, we settle into the bar's back room. It features an enormous flat-screen TV, fish pool, a jukebox and the holy trinity of bar videogames: Golden Tee, Silverballers Bowling and Big Truck Hunter Safari. Casually against a half wall is a stack of wood. "You gotta have a bar where you can order a beer and feed

the woodchuck at the same time," says Jerome, nodding to real woodchuck in a nearby corner.

Through two glasses of pils, we find the blue-collar feel agreeable. Conventional chatter ebbs and flows, interrupted by the occasional back of a grunted barfly's phlegmy cough or laugh. A lone couple dances awkwardly, pushing only to inadvertently and intensely

make out. As Tony Keith might put it, "Miss me out, I love this bar."

We daily too long at O'Brien's and, now back in "downtown" Winooski, just miss last call — and more importantly, flanking Scorpions Roofs — at Pelting Duck House. Underwhelmed, we stroll a block down Mallett Bay Avenue to C.R.'s Sports Bar, formerly the Truckash Tavern.

The joint is pumping. Though it's an arroyal Saturday, regulars have left us, become a good chunk of the crowd is celebrating a "Dirty Thirty" birthday party — with exceedingly loud karaoke.

Those who finally remember the Truckash, probably still dig the bar, which changed hands and names about eight weeks ago. It's had some minor cosmetic upgrades — a new carpet, six fluorescent and the aforementioned holy trinity flat, pointing to the discount night-worried beams along the ceiling. Jerome spins, "This place is structurally unsound!"

The moment doesn't appear to fate the crowd of late night-postponing and middle-aged locals. As we depart about an hour later, they seem to be reaching their collective peak.

Back in the standard-bearer district, we walk into McKee's Pub and a comely bartender greets us with a friendly "evening" from behind a row of taps. Perhaps it's the comparatively upscale entrance, but we forgo our standard Bud bottles in favor of a round of Switchbacks and Guinness (the latter poured correctly, an increasingly lost art), and get cozy in a large booth in the back room.

While C.R.'s overly advertised itself as a sports bar, McKee's simply is one. Above a pool table and swapping around those of the room's four walls are roughly a dozen television sets. In the smaller front room, there's hardly a bad viewing perch to be found. We unanimously agree this would be a great place to come on a Sunday afternoon for football — and maybe tennis. But this is Saturday night. And, at least this particular evening, it is rapidly populated.

We head back out into a virtually deserted downtown and make our way towards 38 Main, a corner bar next to Starbucks. Fully expecting yet another speakeasy, dive into watering hole. But as we draw nearer, the remarkable brass statues of salsa music spill into the street.

Here enough, crossing the threshold we are met by a mooney but not unpleasant man hanging in the air. Under the

spelt of DJ Band, the understated dance floor — the narrow space along the bar — circulating with a phalanx of swirling couples. And they're really good. Adding to the intrigue, our shy white guitarist is very much in the minority, most of the crowd consists of men and women of varying Latin lineage. How often does that happen anywhere in Vermont? (Answer: at 35 Main, every other Saturday.)

Initially, we play the role of wall flowers, thoroughly entertained by just observing. But before long, our female companion flut herself into the party in the thick of it. As the later evening, knowing well flushed, they were "going out."

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JEROME "BAMBLE"

While the evening in the friendly confines of The Monkey House, an intentionally last because it's the Woods Hole we know best — is large part because it's a live music venue and the reason our group chooses the river with any regularity. It's going late and, save for a string of cards on the stage, you wouldn't know local artist John Bland has played earlier. But the unusually low key atmosphere fits our particular needs at the moment. Over a round of cheap domestic lagers we begin recapping the events of the evening, ultimately driving the same conclusion: We had a blast.

Among us the reasons vary — the working-class charm of O'Brien's, the steady vitality of C.R.'s, the cute bartender at McKee's and, of course, sure Latin dancers. Also, there were no lines or cover charges. The drinks were reasonably priced — in some cases, dirt cheap. There was a refreshing lack of fawning preferences. And hardly a UVM student to be found.

Pulsing off his High Life, Jerome notices O'Brien's the one who's doing better. "The great thing about Windsor is that it seems unconcerned with trying to be Burlington. It just is what it is and everyone is cool with that!"

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Buried in Stuff

Burlington's Hoarding Task Force tries to clean up the city

BY LAUREN GREER

The woman with the master's degree and the fancy Burlington condo could no longer see her floors. Her nose got so bad that at night she had a hard time reaching the bathroom with all the stuff cluttering her path. Gradually, people stopped visiting her friends (who asked that her last name not be used) eventually became a virtual shut-in, caged by her own possessions.

This wasn't supposed to happen in the life she envisioned. Brenda climbed the professional ladder and made a name for herself. But years of deepening depression and anxiety took their toll in her life. Brenda felt behind on the rent and had trouble rising out of her living space. Her behavior became uncontrollable, she risked ending up homeless.

Brenda is part of the estimated 5 percent of the nation's population who suffer from hoarding, a mental illness categorized in the Diagnostic and Statistical Manual under obsessive-compulsive disorders. Compulsive hoarding is defined as the acquisition of, and failure to discard, a large number of possessions that appear to be useless or of minimal value. When the accumulation persists a longer space than hoag used to it was intended, the behavior is generally considered hoarding.

Hoarding can result from other problems, such as trauma, grief, brain injury, depression, post-traumatic stress disorder or attention deficit/hyperactivity disorder. It can even be an inherited or learned trait. Hoarding, which cuts across social class, is no new phenomenon, of course, but only recently have mental health and social service providers taken a clinical view of the issue.

In May, members of Burlington's social service community established the Hoarding Task Force to address the problems of people like Brenda. Recognizing that they needed a more holistic approach, they set about trading strategies for dealing with hoarders from mental health and public safety angles.

Hoarding often goes untreated, especially among those without net income. It comes to the attention of authorities during housing crises or because of health and safety concerns.



That's how Brenda's hoarding was discovered: because she couldn't pay her rent, her landlord began the eviction process, and the Agency of Human Services and Burlington Hoarding Task Force got involved.

Throughout the mitigation process, BHA members helped Brenda downsize and organize her life so she could move to subsidized housing and make a fresh start. They filed a few dumpsters with trash from her condo. "I still miss it today," Brenda says. "But I had to get rid of it."

Plenty of us are "packrats" or "mossy." But saving school report cards or leaving underwear on the floor does not make one a hoarder. For whatever reason experts say, hoarders feel they can't live without their stuff. Objects that most people would

concern about her stuff generated a paralyzing anxiety that kept her from making progress.

This is a common pattern for hoarders, says Mark Schroeder, a task force member from the Agency of Human Services/Burlington Hoarding Task Force. "Hoarders have an inability to make decisions, to handle their environment," he says. "They can't control what stays and what goes."

Not many hoarders don't acknowledge there's anything wrong with them. Because the issue is so complicated, the task force includes 16 representatives from agencies including Burlington's police,

fire and code-enforcement departments, Champaign Housing Trust, HowardCenter and the Champaign Valley Agency on Aging. The group's ultimate goal is promoting housing retention and public safety.

But hoarding has no quick fix. Clear can take more than a year to work out, and even then hoarders aren't necessarily "cured." "You have to be on top for the long haul," Schroeder says.

Recently he and BHA colleague Nicole Graham and Mike Osher shared photos of hoarders' apartments. TVs, dishes and rotting food fill a sink. Cardboard boxes, newspapers and food wrappers cover a floor. In a child's bedroom, the changing table is barely visible under a mountain of empty plastic bottles and clothing.

Task force members have seen everything, from people who collect bodily fluids such as urine and bile because of severe mental illness or injury, to clients who hoard animals because they believe they're saving them from the shelter.

Some of these clients live in "domestic squats" — defined by the task force as squalid or degradation from neglect. Squalid dwellings may contain food, animal or human waste. But hoarding shouldn't be equated with squats, says task force member Brenda Hudson, director of community outreach programs for the BHO. "You can have a hoarder who is a messmaker," she explains.

For Brenda, accumulating stuff was always an issue. "Shopping binges" made

her happy she recalls. When she returned to 10 rooms from North Carolina, the spoils of those binges came with her. Most of the stuff never made it out of the car, but she ended up buying things. Her condo soon became "one big wreck," she says.

Brenda plunged into a depression that left her unable to work. She had to sell some of her possessions to pay the rent. During this time, a number of relatives died and the contents of their estates went to Brenda. Her condo filled up with possessions she didn't need. When her mother became ill with cancer, Brenda's stress increased.

In one BHO cleanup Brenda in her apartment, Graham and Schroeder helped her figure out how to put down her things. Now when she feels overwhelmed by her stuff, she tells herself, "Do I really need that? Do I really want that?"

While those questions help Brenda give herself a reality check, not all hoarders know how to ask them. Task force members can't do the cleanup work for their clients, Graham says. But they can give them strategies to help them put intention and keep their apartments safe. For instance, Graham helped one client find a new couch at Redstone (formerly Rayco's) to replace one that was covered in cat urine.

Though still in its early stages, the task force already has raised awareness of hoarding in Chittenden County. A growing number of social service providers has been attending monthly meetings, and public safety agencies are being trained to deal with the issue. "Education by them's little hand is key," he says. The Burlington Housing Authority has an annual budget of just \$25 to help hoarding clients. Large-scale hoarding remediation can cost thousands of dollars. Still, the task force has made progress in educating its members, and that translates to better care for clients.

For her part, Brenda has good days and bad days. She gets mad at herself in her head like the clutter pile up. That's a good sign, Schroeder says, acknowledging the problem is the first step to healing.

"I'm trying to learn," Brenda says. "I'm not saying I won't fall backwards. But I've improved greatly now." ☐

CULTURE



LAUREN GREER did this story on "Inside Seven Days" Thursday at 8 p.m. on channel 36. 85734. Or watch online at www.burlingtonjournal.com/news/16.

as worthless can have infinite value to them. They can't bear to give away old clothes because they might wear them someday. They can't throw away old newspapers because they might want to read them.

For 59-year-old Brenda, organizing her possessions became overwhelming. But it was easier to just ignore the mess. But

For more info about the Hoarding Task Force, contact Mark Schroeder at 863-7433 or mark.schroeder@cityofburlington.com. Or contact Nicole Graham at 863-7433 or nicole.graham@cityofburlington.com. Or contact Mike Osher at 863-7433 or mike.osher@cityofburlington.com.



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Miss Manners

The youngest of Emily Post's heirs talks about civility and the family biz

BY LAUREN OBER



Lizzie Post is decidedly anti-number of the manners police. She will not lecture you on the appropriate use of a salad fork, nor will she lecture you for putting your elbows on the dining-room table. If you're a woman who chooses loose legs over pantyhose, Post isn't all that bothered. Ditto on whether the fold of your

CULTURE

skirt is a fashion isue or simply how you wear your lap tuck, is one of the hairiest topics against in the Emily Post Institute (EPI). Post is convinced that people know how to treat one another with consideration, respect and honesty.

Post has an unusual job for a 27-year-old — or, anyone, for that matter. As an employee of the Burlington-based EPI and great-great-granddaughter of manners maven Emily Post, she is tasked with relaying the importance of good behavior to a generation that often seems incapable of eating less. Post is the youngest member of the first family of etiquette, so it's somewhat on her to try to keep a little civility in her civilian position — no easy job.

Post came to the family business by happenstance. While she had always expressed an interest in the institute's mission, she never planned on a career in etiquette. Her entry came at a request from her dad, Peter Post.

One day during Lizzie's junior year at the University of Vermont, where she

BREAKING HUMAN TRUST IS THE WORST THING YOU CAN DO.

LIZZIE POST

studied art education, Peter called his daughter into EPI's South Union Street offices. "I was worried that I had one employee on account, or that my car was not in good shape," she recalls. "Instead, he said, 'We'd like you to write a book.'"

At the time, the institute was looking for a way to reach a younger demographic. Of all the books EPI had published over the years, none really addressed the concerns of the college-aged set. Peter thought his youngest daughter would be the perfect choice. "She's very sensible," he says. "She looks like the people her age, and she has the ability to talk about issues important to people in her age bracket."

Lizzie Post pursued her mission with a seriousness rarely seen in youth. For two years, she gathered information about the issues her cohorts faced. In the resulting book, *Be The First: Don't Be The Last Thing*, Post covered everything from how to get back a borrowed piece of clothing to what to do when your roommates know you're too loudly thirsty, her goal was not to be a scold, but to give people tips on improving everyday situations. "People don't have to give up who they are in order to make life better for you and them," she says.

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The strongest thing about this workout on a frosty Saturday morning — which involves running in road circles, coming together for a collective high-five and spreading back out again in a massive, joltlike big movement — isn't the amped-up version of that annoying "Name Name" song Neve, the weirdest thing is that not one of the 100 or so women (and one or two guys) is the uptight gymnasium of the Sports & Fitness Edge in Essex in laughing Brides on.

Instead, everyone's following the three pink-clad instructors wearing headsets with a seriousness that suggests their lives may depend on it—or at least their bodies.

This is a BodyAttack class, one of the programs begun nearly 30 years ago by the descendants of New Zealand Olympian Les Mills that, now internationally syndicated, has resulted into a geochoreographed phenomenon of aerobics addicts. This fall, the Les Mills franchise topped 10,000 health clubs in its 75 country reach. A company representative that some 5 million people attend the classes taught by about 60,000 instructors every week. Jane Forde has authored a Les Mills.

The program boasts strengths even among independent-minded, outdoors-loving Vermonters. For instance I've paid little attention to the slick posters tacked to the walls at South Burlington's Sports & Fitness Edge, where I regularly work out. They depict even shrier bodies, accompanied by taglines like "The fastest way to burn fat."

But recently I overheard two women in the locker room discussing how they plan their work weeks around Les Mills fitness classes. So I've decided to try out BodyAttack during a special launch day — when new music and choreographed moves are released — at this sister Edge in Essex.

The company describes BodyAttack, one of eight programs with names such as BodyFlow and BodyVive, as a "high-energy interval training class" that combines "athletic aerobic movements with strength and stabilization exercises." Based on the company's Internet fitness class the class can burn between 500 and 900 calories an hour for a woman, says Aze. April Moulton, a Burlington resident 164 who just finished the Boxer class, tells me she comes three times a week for the "Bunsandcore and bar" approach and because of how great the feedback class.

"It's sports inspired. It's not real

dance-y" an instructor named Katie promises at the start of class. "Take your options and have fun."

A minute or two later, I'm thinking my only option is to get the hell out of here. It's all a blur of clipping and shuffling out to a techno version of Lady Gaga's "Just Dance." Not "dance y!" Then why do I feel like Elaine on "Scrubs," madly trying to keep up with the nurses?

Eventually, one of my co-participants tells me to switch a woman right in front of us instead of craning my neck to see the instructors on stage. I start listening

per class, but the benefits that *LifeSource* Health & Fitness guest instructor Don Murphy (the Fishkill, NY-based president of Lee Mills Northwest) promises are even more enticing to me. Before beginning the class, he tells us *BodyPump* has revolutionized his sitting; his friends are amazed.

After loading up my barbell with a couple of weight plates, I focus on following Murphy's movements, which are much more straightforward than those in *BodyAttack* and are set to a motivating soundtrack of Louie's *Pink and*

A treadmill — and especially swinging dumbbells when an instructor's not on hand — entails a certain risk of injury. At Shefferson Health & Fitness, Murphy is careful to keep an eye on our form, correcting potential problem areas and offering consistent technique tips.

At the Edge, fitness director Nicole Codling says she's never seen an injury due to Les Mills classes — the instructors are specially trained to face the class and notice when moments among students who may never have lifted anything heavier than the Thanksgiving turkey. "The classes really are designed for everybody," she says. "You can be an older athlete or deconditioned in your 40s."

You can also be a *guy*. Despite the historical female domination of fitness classes, says Coiffing, "The rising male and more of the Y-chromosome coming into class" Pre-athletes take *BodyAttack*, she says, for agility and plyometric training in the off-season, the multi-sport-style *BodyCombat* is especially popular as a stress buster. Because the programs offer new music and moves every three months, which are the same whether you're in South Burlington or South America, it's hard to get bored—and easy to find a reliable workout where you're traveling. (Catching drops a hint about another Los Mills class coming to the west coast, "Be happy it's the Planet's Best! The Chi Body Flow and not the super-dance-a-BodyJam!")

Former **redhead** for **Success** Johnson of Shelburne, who both teaches and participates in Les Mills programs, says she experiences a unique, powerful feeling as the whole class moves together. "It's an energy that you can't always get in a regular class," she says. "You can really see the change in your body with BodyPump, and the BodyAttack challenges are, well, aw yeah!"

As for me, I haven't gone back to BodyAttack, but I have been returning every Wednesday to BodyPump, where there seems to be less and less floor space each time. I haven't seen any results on the ski slopes yet (no snow!), and I don't plan any work week around Les Mills. But I have stopped laughing, and started crying. ☹

Les Is More

Why do Vermonters love Les Mills fitness classes so much?

BY SARAH TUFF



out my left from my right, my step-earl
from my flick-bark.

I'm expecting to feel a burst of euphoria when I leave, thanks to the cordio, the music and the occasional whoops from the other women. Instead, I recently just feel a headache — and a weird desire to return for more. Maybe this really is addiction?

The next time, however, I decide to skip the coordination and go straight for the strength. That's the focus of a Wednesday evening BodyPump class at Sixburne Health & Fitness.

The first fitness class that the Lee Mills family started in 1990, BodyPump is a 60-minute sequence of squats, presses, lifts and curls, all done with a barbell loaded with as many weight plates as a participant feels up to. The company says it burns up to 600 calories

WHY DO I FEEL LIKE ELAINE ON "SEINFELD," MADLY TRYING TO KEEP UP WITH THE MOVES?

Bryan Adams (yes, Bryan Adams — a "Summer of '68" music). The band part is doing set after set and starting over just when I think we're going to stop. A couple of times I'm afraid I'm going to drop the ball or, worse, have who's position I can't get out of.

Luckily, neither happens. I later discover complaints on the Les Mills forums: People say they've developed knee pain from BodyPump, calf pain from BodyAttack, tailbone pain from the spinning-like RPM classes. But c'mon, any fitness program, even running a

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Good Stuff in Store

food

For 44 years, a Waitsfield shop has helped locals get cookin'

BY SUZANNE POHHAZER

You can tell that Michael Proctor, a recent food-line consultant on "The Next Food Network Star" (blue tie), stood in the bustling kitchen at The Store in Waitsfield, making small talk as he dished out coffee and Graham chocolate. Asked how he got his spot on the reality show, Proctor paused, then voice cracked: "I tried out for [American] Next Top Model, but there weren't any spots," he said with his finger raised. "They tell me I have a face for radio."

How did a guy who runs a hotel restaurant in New Rochelle, NY, and was a recent guest on Martin Short's radio show, end up in the Mad River Valley whipping up a few coarse dinner for 16 hungry guests? One of Proctor's friends, a local and avid patron of The Store, came up with the idea of bringing him in. "I've never been to Vermont before," Proctor said at the dinner. "It's beautiful, but I miss the microwave."

While The Store may not be a household name outside the Mad River Valley, it has longer standing claims to fame than Proctor's visit. Owner Jackie Rose opened the cooking enterprise at Stagecoach in 1965, six years before a guy named Chuck Williams started promoting his San Francisco-area cookware store — Williams-Sonoma — with a weekly catalogue. A generation of Vermonters picked up their first pieces of French cookware at Rose's shop, which she called The Store because "she didn't know what else to name it," she said.

Laura Bird Hartlett, a longtime friend of the Rose family and now manager for The Store, was growing up in the Mad River Valley when it opened. Back then, she recalled, the only place to



Jackie and Kathy Rose work in the kitchen at The Store.

find kitchen goods in Vermont was the hardware store. "It was very limited," she said. Rose agreed. "When I came here," she said, "There wasn't really a way to get a place without taking the day out of it first."

A well-traveled former New Yorker — she spent many years as a single Rosemary Clooney's traveling companion and publisher — Rose knew there was a larger world of useful and classy kitchen items out there. And she suspected chefs and cooks might want to use such products for the second home they were hoping to build.

The Roses had arrived in the Valley in 1961. "They came here, like a lot of people who moved to Vermont, to lead the quiet life and not stand out," said Rose's daughter Kathy. "My father kind of became a farmer. We did sheep, and he brought Belled Galloway [cattle] into Waitsfield." Despite their city roots, Kathy said, her parents "made it very clear as we were growing up that we were growing up as Vermonters."

With a small initial investment, Rose opened a dry store in Stagecoach Village, "right above Chet Herri's" and Bartlett's. Sometimes, she recalled, Rose would pop in visitors during business hours to

eat cheese fondue and drink wine. When customers showed up, she could hear them through the ceiling.

In the city, Rose had attended cooking classes. In Vermont, she spent her spare time in the kitchen. "My dad would call the store 'my wife's therapy' but for her it was much more than a hobby," Kathy related. Every cook found their way up those stairs, but Rose was also contracted to equip ski condos on a season. At the time, cookware and entiques were both big parts of the business.

Rose ordered unusual decades that enthralled the locals (back in those pre-cable days, she pointed out, the only place to see such things was at PBS cooking shows). Bartlett, who was 5 at the time, recalled how she used to "stand in front of the gadget wall and invent stories about what each [item] might do." Today, that wall is packed with zesters, microplane graters, sieves and other stuff that makes shoppers to play Bartlett's game.

By 1965, Rose had an inkling that locals were ready to start buying upscale cookware, crockers and dishes on mass. So she purchased and renovated an old Methodist meeting house on Route 100

and relocated her business. The much larger selection attracted more customers, and the bottom line improved.

As it grew, Rose worked hard to give the store a personal feel. Today, customers are warmly greeted and asked if they'd like tea or coffee to sip while they browse. At the front of the 5000-foot space, specialty products in sturdy packages wait the appetite. There are jellies and jams, flavored masteries, crackers and fragrant oils. "I'm always really proud when we get new Vermont products, like Lake Champlain Chondrios or cranberries," said Kathy, who has taken over the ordering job from her mother.

Although The Store is clearly divided into sections — cookbooks to the right, cutlery to the left — there's a lot of attractive organization, too. As Kathy pointed out, a less common item, such as a grill pan, might be displayed alongside a book on cooking in such pans and a nearby spatula.

"Careful attention is paid to getting things that support each other," Bartlett agreed. "If we have a cookbook, you should be able to find the cookware needed to make the cuisine." And if you can't? "We'll head over backwards to get things for people," she cheered. With 15 full- and part-time staffers — from college kids looking to learn about food to retirees eager for a hobby — there are many hands to help out.

Although Rose no longer purchases the products personally, the overall look and feel of the store are still guided by her desires. "She'll walk in and ask, 'Who ordered that?'" and people will cover behind chairs," said Kathy. "She has a lot to say." Mother and daughter attend trade shows together in search of new products, and Rose still meets and greets customers at The Store during special functions, such as Proctor's demo.

GOOD STUFF IN STORE BY J.F.

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food

"It's terrible to be here when you're hungry," admits Jesse Werner. He's standing in the processing room at the Plymouth Cheese Factory surrounded by edible temptations of his own creation. Hundreds of granular curd raw milk cheese are stacked up waiting to be wheated and put to bed in the cooler for 18 months. Just behind an appetizing cheese making wearing a net over his bushy beard, looms a wheel with two heads so named huffs as a Grateful Dead song plays in the background.

Werner, 28, knows all a bit piece of the 8 months old Raw Milk and places it in his mouth. "It's a cream of cheddar," he says. "Lighter, more elastic, more airy, more subtle in flavor."

Shrewsbury Mountain in Mount Holly, Vermont, is his first wheels in 1882, making it the oldest cheese producer in Vermont. But being a word of the state's Plymouth Cheese has its privileges. A museum on the factory's second floor holds the original wooden cheese vats, presses and even a fishing remnant of a 1930s cheese recipe.

Werner, who has dark hair, brown eyes and a short beard, is an heir to the Coolidge family in occupation only the give up in Fairfield on a piece of property that produced one of Vermont's earliest gaudy delights: maple syrup. But he was lemming in as all sides by dairy farmers and he liked the idea of making a living through a close connection to the land.

Uncommon Curds

Plymouth Artisan Cheese brings back venerable varieties

BY KIRK KAROASHIAN

Werner started making cheese here in July. By spring, his first batch of 18-month-old Plymouth — the older version of Raw Milk — will be ready to sample and sell. Plymouth Cheese is the only factory in the United States currently making this variety: a New World relative of the old Lancashire and Cheshire cheeses of England. With training from experts it's relatively new institute at the University of Vermont, Werner hopes to find his niche in the lucrative artisan cheese market. Once his product hits shelves, it will be the closest thing consumers can find to the cheeses America's first farmers produced in the 1600s.

Appropriately, the bricks and mortar here are infused with history, as well. The second oldest operational cheese factory in Vermont, Werner's facility occupies the President Calvin Coolidge State Historic Site in the Whiting hamlet of Plymouth's North Peak. Coolidge's father, Colonel John Coolidge, was one of the farmers in the area who helped construct the factory in 1882, and its first run of Plymouth cheese debuted in 1892.

The Coolidge Cheese Factory, over

"I thought, How can I be here and make this work for me?" Werner remembers. Then he met John Samokas, a family friend in Fairfield who keeps goats and makes his own feta. "He gave us some cheese," Werner says, "and I said, 'Wow, this is really good. How do you do this?'"

Samokas said, "Come over, and I'll show you." If there is such a thing as a cheese king, Werner was born to it. But wonderful took him first to Brandeis University and then to Europe, where he traveled for a few years, traveling different varieties of cheese. In 2004, while in Prague, Werner earned a master's in business administration.

The know-how came in handy when he returned to his home state, confident that cheese making was the way to add value to the milk Vermonters already produced. He also had noticed the Vermont Seal of Quality on a host of foods not made in the state. If the cows in his neighborhood were providing the foundation of those fancy yogurts, butters and cheeses, he might think, why couldn't he keep the production closer to home?

The answer Werner got from the

Vermont Institute for Artisan Cheese (VIAC) was "You say, and we'll help you!" The VIAC center at UVM was founded in 2004 with the aim of encouraging artisan cheese making through research and education. It's the only such body in the United States, and its location in the state with the highest number of such producers per capita is no coincidence. VIAC offers two cheese-making certificate programs, along with public education classes on topics such as cheese tasting and the technical sides of making cheeses, cheeses and cheeses.

Community Development announced that the Plymouth factory was available for lease. The previous tenant, Prag City Cheese, had made historical goat-style cheddar cheese since 2004, as the factory was nearly turn-key.

Werner submitted a detailed business proposal, wherein he described his plans to make about 1000 pounds of cheese per month. In addition to the Kent Meadow and Plymouth varieties, he intends to produce PoussinDale, a Belgium-style, semi-soft washed-rind cheese aged for 90 days. He hopes to sell



Andy Bender and Jesse Werner making cheese

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Werner started taking classes at VIAC in 2007 and spent the next two years working on his business plan. That process, he says, "began with asking a lot of cheese, because you have to think, 'if I make a cheese, what kind would I make?'"

You also need to know what will sell, what kind of production process you'll expect, and what level of technology you'll have access to. The idea of sending adult school cheese attack. Werner when the Agency of Commerce and



it at South Burlington's Healthy Living and City Market in Burlington, at local farmers markets, and in grocery markets in Boston and New York City.

For now, Werner is selling away about 400 pounds of Kent Meadow and Plymouth every day. For the next part,

UNCOMMON CUISINE BY PAGE

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Uncommon Curds

BY JOE

For protons would be recognizable to Colonial Codding — though the milk arrives at the factory not in 60-gallon buckets from the barn but in a gleam of milk truck that parked at up from Carleton Farm in Thetford earlier in the day.

The truck pumps 3000 gallons — enough for two days of cheese making — into the stainless steel tank inside the factory. From there, a portion of the Holstein milk is transferred to the cheese making room, which has a large metal vat and two hydraulic presses. Werner fills the vat with milk and starts heating it. When the right temperature is reached, he "adds the rest" by adding for curdles — French cream-dried bacteria in powder form, selected for their impact on taste, texture and aging. When they hit the warm milk, the bacteria go into a reproductive frenzy, lowering the milk's acidity, producing and lactose. Werner tests the pH to make sure the milk is coagulating at a consistent rate.

Cheese is little more than curdled milk, so the key to the process is the coagulant called rennet, which is a protease enzyme extracted from the small intestine of a nursing calf. Who came up with the idea of adding that to milk? Legend has it that an ancient Mongolian rode his horse across the steppe, and when he stopped to drink from his calf bladder filled with milk, found it had turned chunky.

It's more likely that the ancient Egyptians learned about the powers of rennet when they stored their milk in the stomach of a goat or cow and, a day later, saw it had curdled. They figured out how to strain out the liquids (whey) and store the dried curds for years. Vegetarians will be happy to know that there are a few types of plant-based rennet made from thistles, soy and nettles.

Werner opts for the animal rennet. He adds it, stirs for two minutes, and waits 12 to 15 minutes for the magical coagulation to happen. Slowly, a gel-like mass forms over the milk. "At one point," he says, "it flows over your finger, and then it stops flowing and comes."

This mark, called the "floculation point," means that the chemicals have reacted to form a matrix, transforming the structure of the milk from a pure liquid to a solid. When the contents of the vat resemble stiff custard, Werner

uses wire paddles to cut the curd into chunks the size of corn kernels. The cutting releases the whey, and after a good hour of knotting, up to your elbows, in some curd turning, it's drained out of the vat into a holding tank. Some cheese factories dry the protein-rich whey and sell the powder to companies that make muscle-building drinks. Werner has a permit to spread it on local fields.

With the curd sufficiently dry, Werner adds salt and mixes more curd. Then he packs the curds into food-grade plastic bins and loads them in a press, where they'll stay overnight. The next day, Werner will remove the cheese from the bins and dry the wheels for 24 hours, in



a third those rooms set at about 60 degrees with 75 percent relative humidity. After that, the cheese will be wood or wrapped in plastic — Werner is experimenting with both — and stored in the cooler for aging.

Plymouth Artisan Cheese got its first public tasting on September 12 at the annual Plymouth Cheese and Buttermilk Festival. Curious locals, many of whom worked at the factory in the old days, showed up to sample the 60-day-old cheese and see if it matched their recollection of the younger cheeses they used to make. According to Werner, the product did not come off as an impostor: "This was always the people's cheese," he says, "and the local people here embraced it again."

The true test, however, is still some months away, when the fully aged Plymouth is unveiled. That cheese, which Werner calls an "ambush," will present a unique opportunity for people to taste Vermont's agricultural heritage. "This cheese was well-liked by a broad range of people," Werner says. "I want to keep that memory alive." ☺

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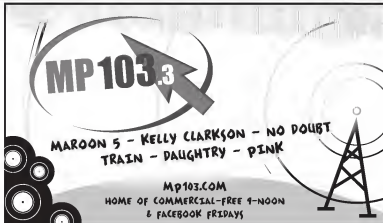
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The Rutland City Public School District has an opening for a Network Administrator to support our growing IT infrastructure and campus-wide network spread over two buildings. The ideal candidate should have experience managing and maintaining a Windows Server 2008 Environment, ensuring systems security and backups, configuring and managing HP and G500 routers, switches and wireless, and providing technical staff in a helpdesk setting.

Interested candidates should possess a BS degree with relevant industry certificates or equivalent, along with at least five years of experience. Strong interpersonal skills and proven ability to support end users required.

Position to commence January 2010.

Please apply directly online to: www.schoolspring.com **806.144**

programmer, supervisor and encourage youth as well as coordinate and implement activities. The ideal candidate is available five days a week, one part-time position is 15 hours per week, 3.30 - 5.30 p.m. one part-time position is 30 hours a week, 2.30 - 5.30 p.m. Access to reliable transportation a clean driving record and experience working with children required.

Please send resume and three letters of reference to:

Sara Holbrook Community Center
Attn: Lisa Pollander, Executive Director
44 North Avenue
Burlington, VT 05401



DECKHAND
all our Deckhands, VT - Essex, NY area

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Competition ranges with eligibility for
bonuses. Email info@greenpoint.com or
call (800) 444-4444
for more information.

PEPSI Bottling Ventures

Pre-Sell Supervisor
Weekend Supervisor

Interested candidates should apply at www.scribblelive.com

Hard Copy, a locally owned copy center in Burlington's historic waterfront district, needs an outgoing person with experience operating high speed duplicating equipment and the associated software. We offer a friendly, stable environment with a competitive salary to the right individual.

PLEASE SEND RESPONSE TO:
 Wanda D. Murray
 P.O. Box 705
 Williams, VT 05446
 or email to mike@wcd2000.com

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Qualifications: MEd or its equivalent in a program leading toward the degree. Two years of recent experience in middle/secondary teaching. Experience teaching in a formal program of nursing education preferred. Experience in the field of nursing education required.

Publication schedule: December 1, 2013; June 20, 2014, 280 hours per week, 2015/2016.

To apply: Submit a Vermont Tech employment application with resume and cover letter to: Human Resources, Vermont Technical College, PO Box 500, Randolph Center, VT 05091. Employment applications are available on the Vermont Tech website, www.vtc.edu.

Downloaded from <http://ajph.org/> at University of California, San Diego on September 11, 2014



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sevendayvvt.com/classifieds



Property Manager, St. Albans

Champlain Housing Trust, serving the affordable housing needs of Champlain, Franklin, and Grand Isle Counties seeks a full time Property Manager to join our team in our St. Albans office. This position is responsible for the operation of a residential portfolio of CHT properties in Franklin and Grand Isle Counties. The effective marketing of rental units, tenant relations, rent collections, rent increases, lease enforcement and compliance with Federal, State and local programs including LMIHC, RDS Section 8 (C) and 80000.

Qualifications: A qualified candidate will have experience in residential property management, be able to work independently, enjoy a team environment, communicate effectively and exercise sound judgment with a attention to detail. Experience in RDS program and CDS and LMIHC certification a plus. Travel for on-site visits as well as a commitment to geographically affordable housing is required.

Compensation: salary commensurate with experience. Benefits include health insurance, vacation, holiday, sick leave, disability and life insurance and 403(b) retirement plan. Cover letter and resume by November 30, 2009 to Human Resources, Champlain Housing Trust, 80 King Street, VT 05405 or email: hr@champlainhousingtrust.org. No phone calls please. www.champlainhousingtrust.org COMMENTS TO ADVERTISER ONLY.

Call Center Manager

Receptive Medicine is a socially conscious natural medicine company that works with alternative medicine practitioners. Our products are manufactured in the U.S. and Canada and are distributed globally. Our office is located in downtown Minneapolis.

We are looking for a Call Center Manager to join our team. This person will be responsible for maintaining client records, processing orders and ensuring that our clients receive excellent customer support. The call center manager must be able to work independently as well as collaboratively, be a creative and thoughtful problem solver and a great communicator with a friendly phone demeanor. Applicants should have experience with web-based software and multi-line phone system. Attention to detail is essential for this job.

A qualified candidate will have experience in customer service and general administrative management, good communication skills both verbally and written, and excellent organizational and customer service skills. Genuine interest in holistic therapies and herbal medicine is important, as well as a high level of ethics. We are dedicated to creating a healthy and enjoyable work environment. This is a 5-day/32-hour per-week, full-time position with health insurance. Compensation is commensurate with experience.

Please email your resume and letter of interest to Lisa at lisa@receptivevt.com by 11/30/09



RESTORE
MEDICINE
WTSmed, Inc

Preschool Teacher

Are you energetic, fun and a team player? Do you love making a difference in the lives of children?

Join our team of preschool teachers at the Champlain Valley Child Development Center. We are seeking a preschool teacher to join our team of experienced professionals. The position requires a minimum of 1 year experience in a preschool setting and a minimum of 2 years experience in a preschool setting. The position is full-time, Monday through Friday, 8:30am to 3:30pm.

For a challenge and the chance to positively impact young children, please contact: hr@champlainvalleychild.org or call: 802-688-1111 or 802-688-1112. We are an equal opportunity employer.

HVAC/R SERVICE TECHNICIANS

RC Mechanical is currently hiring experienced technicians to repair and install commercial food service equipment. Gas Certification and EPA license required. Generous benefit package including 100% employer-paid health insurance, dental insurance, long term disability. Ask about our sign-on bonus.

RC Mechanical Inc.
460 Jerome Street, Suite 300, Colchester, VT 05445
www.rcmechanical.com



SHARED LIVING PROVIDER OPPORTUNITY



Champlain Community Services

The position is a new opportunity for a responsible individual, couple or family to provide care and housing for a 38-year-old, grade-school young man. This endeavor includes ongoing care, social outings, gets adaptive living/aiding and being part of a dynamic home. Full potential role in partnership with a sensitive agency and supportive living family. Strong interpersonal and communication skills are required as well as the desire to positively influence the life and opportunities of another. A previous 2007s teacher degree, single female, accessibility modifications, ongoing training and day supports are provided by CCS.

For more information please contact Al Frugoli at 802-655-0511 ext. 108 or alfrugoli@ccs-vt.org.

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JOBS!

COLLEGE STREET CHILDREN'S CENTER

EARLY CHILDHOOD EDUCATOR

The College Street Children's Center is looking for a teaching, creative, enthusiastic infant/toddler teacher to join our team of childcare professionals. Position is 40 hours a week and begins in early December. Candidates are expected to be able to work with a diverse group of children and families in a small, family-oriented setting. A willingness to follow our philosophy is required. No experience with children and no experience. Benefit package included. Also looking for substitute teachers. Send resume and 3 letters of reference by December 1st.

JENNIE MORTON,
COLLEGE STREET CHILDREN'S CENTER

225 College Street, Montpelier, VT 05602 or jmorton@csccvt.org

CHITTENDEN EAST SUPERVISORY UNION #12



Database Manager for School Bus Route

#36262 - The schools of Chittenden East Supervisory Union seek a School Bus Route Database Manager who is responsible for harvesting and entering data, updating an electronic road map and incorporating features and uses in a new bus routing software. This position is initially 20 hours per week for five weeks and begins January 2, 2010. Database needs will then be evaluated to determine further time commitment. Any questions can be directed to Steve Jarrell at steve.jarrell@csesut.org K12 vt or 802-658-1729. Please apply on-line at Schoolingcare.org or call 434-2129 to an application. On-line application must include profile, letter, resume, references. Hard copies of three written reference letters will be required for verification at the interview level. Visit our website www.csesut.org K12 vt for information about our schools. EOE M/F

Finance Manager

Beau-Ten Ltd. of Vermont is seeking a Finance Manager to manage its accounting and human resources department. Candidates should be experienced in all aspects of business accounting including bookkeeping, budgeting, reporting, and human resources. Strong computing skills are necessary with experience in Microsoft Office and Quickbooks.

Beau-Ten Ltd. of Vermont offers a competitive wage and benefits package, including an excellent working environment. Please send a letter of interest and resume to: William Kenmore, President, Beau-Ten Ltd. of Vermont, 69 Industrial Ave., Middlebury, VT 05753, or email to a Word document to jobs@beautenltd.com

Located in Middlebury, Vermont, Beau-Ten is the industry's leading manufacturer and marketer of men's underwear and related accessories.



VCIL

Vermont Council
on Intellectual
Disabilities

VCIL, a statewide disability rights organization, is currently seeking candidates for the following positions:

Chief Independence Program Specialist: 37.5 hours per week, located in the Montpelier or Shelburne office. Specialist will provide life skills training, peer support and information and referral. The Specialist will also meet with parent individually and in community meetings. Must be fluent in ASL and familiar with Deaf culture.

Central Vermont Peer Advocacy Counselor: 37.5 hours per week, located in the Montpelier office. Must have personal experience with disabilities. The PAC will work with individualized groups of people with disabilities to empower them and increase their ability to live independently in full and equal citizens in the community. The PAC will also participate in outreach activities and technical assistance to increase community options and supports.

Volunteer Specialist: 30 hours per week, located in the Montpelier office. The Specialist will recruit and maintain peer volunteers to help VCIL expand its capacity to provide assistance to parents and the communities it serves. The Specialist will also help recruit and support AmeriCorps/VISTA volunteers for peer advocacy work stations.

Information Technology Specialist: 36 hours per week, located in the Montpelier office. The IT Specialist will serve as technical expert for the development, implementation, management and support of VCIL's systems and networks. Must be familiar with IBM, Statewide network administration, Microsoft Small Business Server, Citrix and Office 2007. Experience with Web design is a plus.

Send resume and cover letter by Dec. 11, 2009 to:

Sue Booth, VCIL

11 East State St.

Montpelier, VT 05602

E-mail: suebooth@vcil.org

VCIL is an EOE/AAE/ADA employer. We provide reasonable accommodations in the recruitment and employment of people with disabilities.

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posted
every
day!**
**sevendaysvt.
com/classifieds**



THERAPEUTIC CASE MANAGER

Seeking a Therapeutic Case Manager to provide support to children, adolescents and their families across all environments (remote study home school) to improve social functioning. Clients present with emotional and behavioral issues as well as complex treatment needs that require a heightened level of support, mostly in non-clinical settings. Also responsible for coordinating services and perspectives across the client's treatment team providers.

Most hours are completed Monday through Friday between 9am and noon and evening hours some clients will need weekend support. Based in a private inpatient services field hospital.

HN Dept., 107 Fisher Pond Road, St. Albans, VT 05478, EOE
Not our website for position details or complete listing of available opportunities: www.norwich.edu



NORWICH UNIVERSITY

Direct Challenge: Adams Bedstrom

Norwich University is a vibrant academic institution that values tradition, supports achievement and provides a student environment focused on developing knowledge, leadership and service with enthusiastic application for:

DIRECTOR OF INSTITUTIONAL RESEARCH AND EFFECTIVENESS

Provide leadership, vision, oversight and management for all aspects of the University's institutional research along with the associated planning activities.

DIRECTOR OF CLASS RELATIONS AND INDIVIDUAL GUIDING

Seeking an experienced and highly motivated, fundraising professional responsible for coordinating the class reunion effort including gift and social planning, and the management and execution of the reunion giving program from core reunion classes.

HUMAN RESOURCES INFORMATION SPECIALIST

Develop and manage the HR module of an integrated administrative database system to support the operations of the University and its various resources and payroll of fees.

UNIFORMED NIGHT BARRACKS AND RESIDENTIAL LIFE SUPERVISOR

Provide night and weekend monitoring and welfare supervision of an array of 10 barracks and residence halls housing approximately 1800 students. Work with Corps of Cadets and Residence Life staff to ensure a safe and successful environment for cadets and residential students.

For further details and information on how to apply for these great positions please visit our website: www.norwich.edu/jobs

Norwich is an Equal Opportunity Employer offering a comprehensive benefit package.

Northeast Organic OUTREACH COORDINATOR



The Northeast Organic Farming Association of Vermont (NOFA-VT) is a nonprofit association based in Richmond, VT.

We are looking for a full-time (20-25 hrs/week) Outreach Coordinator. Job responsibilities may include press releases, promotional NOFA-VT events and programs, website updates, enhance social networking presence, and recruitment, newsletter and other publications. We are seeking an individual with an interest in organic agriculture, outreach and marketing, experience, excellent writing and communication skills, background in graphic layout and design, web design knowledge or updating website content.

Please send a letter of interest and resume to: **Erin Wozniak, Executive Director**, at erindirector@nofa-vt.org

Position is open until filled.

Substance Abuse Counselors – St. Albans

Phoenix House of New England is under contract with the VT Department of Corrections to implement and operate a residential treatment program within the Northeast State Correctional Facility for women in St. Albans, VT. We are currently recruiting for two Counselors. Activities will include assisting in program development, conducting assessments, group and individual therapy, participation in treatment teams and emotional social maintenance. Dual licensure is desired although willingness to pursue Substance Abuse and Mental Health certification will be accepted. We are also recruiting for a part-time magazine counselor to work at our Inmate Substance Abuse Program at the St. Albans Prison and Parole office.

Applicants interested in working full-time or part-time are invited to complete voluntary **Application Self-ID** form at: <http://www.phoenixhouse.org/Northeast/Careers/Opportunities.html>.
NOG



Phoenix House
NORTH EAST NEW ENGLAND

Email resume and form to: **Richard Toner**
toner@phoenixhouse.org
or call 802-472-2500

COMMUNITY HIGH SCHOOL OF VERMONT



Corrections Education Program Chief
Agency of Human Resources/Department of Corrections

The Community High School of VT seeks a visionary educational leader to serve as Principal (Chief of Education). CHSHT is an accredited independent high school that serves approximately 150 students per year. We are seeking an educational leader who can respectfully and effectively work with an experienced staff and assist them in providing a motivated and personalized education that meets our students in their academic, social and vocational success.

This leader should have excellent administrative experience in K-12 education, have an appreciation for the individual needs of all, have the ability to manage student performance data to help improve the curriculum, be supportive of professional learning for staff, be able to motivate and manage high standards of educational excellence, and have the vision and leadership skills to assist the staff and administrative team in achieving their goals.

The Principal for CHSHT must interface and communicate with numerous individuals and organizations. Successful candidates will be a team player. CHSHT you must possess the following characteristics and competencies:

- A strong set of core values that reflect an unwavering commitment to supporting the academic, social and emotional needs of CHSHT students.
- Demonstrated success in recruiting, motivating and leading a team of students, staff and families.
- Proven track record of student academic success or significant academic gains in previous administrative roles.
- Demonstrated organizational aptitude and financial acumen and the ability to maintain accountability.

Candidates must possess a master's Education License with a Pre K-12 Principal endorsement. Please send your individualized cover letter of interest, resume and references to: **VT Department of Education** Bureau of a Contemporary the completion of original job posting.

The State of VT offers an excellent compensation package. To apply interested candidates should use the online job application at www.vermont.gov to access the Department of Human Resources Recruitment Services at 004044-0117 (based on 004022-0103) (TTO/Relief Service). This position is Broad based Compensation Category: Education & Library Services at Government Job Program Class: reference job posting 004294 & Job Code 021048. Successful candidates must possess. Application deadline is 12/14/2019.

For further information, contact the Community High School of VT, Department of Corrections 802.241.2500

Northeastern Family Institute
Supporting Women's Health, Families & Communities Together

Residential Counselor – Shelburne House

The Shelburne House Program of NFI Vermont is seeking a Residential Counselor Shelburne House is a residential program which provides assessment and rehabilitation services to male teenagers ages 13-18. Responsibilities include counseling youth, AED, activity daily learning, assisting with living skills, and assisting in treatment.

Experience working with teenagers with emotional/behavioral challenges, trained in psychiatric or related field highly desirable. We are looking for full-time and part-time positions.

Send cover letter and resume to:
Chelsea Bragg,
771 Essex Rd Suite 1,
Wilmington, VT 05403,
or email ChelseaBragg@nfi.vt.org.

WWW.NFI.ORG

Lund Family Center

Mental Health and Substance Abuse Clinician

Residential and Outpatient Treatment Clinician needed to do transitional work with pregnant and parenting women, recovering from mental health and substance abuse disorders. You'll be supported by a team of multidisciplinary professionals, providing individual and group therapy utilizing CBT, DBT, MET in addition to the other integrated modalities you will bring. Master's degree in human services related or counseling field, LADC and Mental Health licensure preferred.

To learn more about this position and about the benefits of joining the Lund Family Center team please visit www.lundfamilycenter.org

Submit cover letter and resume to:
Jamie Thompson, HR Manager,
PO Box 40095, Burlington, VT 05406,
or fax (802) 861-6446, or email jamie@lundfamilycenter.org



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HOMESHARE OPPORTUNITY

Richmond Area

Active, caregiver elderly man with memory problems needs couple to live in room attached apartment in country, available mid December. Two hrs in and out of car for instance Saturdays starting 9 PM through Thursdays from 6 PM to bedtime with help of needed until 6 AM. Visitor maintenance of yard and small dog care. (Open for paid weekend caregiving). Must be flexible, patient, dependable, with interest in elderly. Biweekly \$700 a month. If caregiver moves, apartment will become a rental. Deep dirt road can be a challenge in winter. X-Check. 602-334-2537

EMERGENCY MANAGEMENT PLANNER - PART-TIME

Chittenden County Regional Planning Commission (Chittenden VT) seeks senior person with housing and experience in emergency management public and public administrators for a part time emergency management plan/plan update. Responsibilities will include: or local emergency services systems design. See complete job description under Employment Opportunities at www.ccrpc.org

Please send a cover letter and your resume by December 15, 2009 to chittenden@ccrpc.org. CCRPC is an EOE.



Vermont Youth Conservation Corps Administrative Coordinator

The Administrative Coordinator is a full-time position based out of VYCC Headquarters in Richmond, Vermont. Primary responsibilities include: travel and transportation, supporting day-to-day operations in the office and executing the administrative tasks associated with operating VYCC's field programs.

This is an ideal position for a highly motivated team player with strong fiscal skills, an eye for detail, and an interest in executing financial, administrative, and day-to-day operations independently.

Qualifications:

- Experience with organizational fiscal management
- Strong daily organizational and time management skills
- Microsoft Office Suite and database management
- Strong MRP/Paid Accounting software a plus

- Compensation: \$24,000 annual salary
- Health and Dental coverage

For the complete job description visit
WWW.VYCC.ORG

Deadline: Send resume by or to 11-23-09 11:59 AM



Chittenden County Regional Planning Commission

Plattsburgh

NETWORK TECHNICIAN

State University of New York, College at Plattsburgh

Personnel details and application process, contact: info@plattsburgh.edu and select "Professional Positions"

UNY College at Plattsburgh is an equal opportunity employer committed to excellence through diversity.

Intake and Referral Specialist

Family support organization is seeking skilled person to obtain accurate and detailed information to effectively dispatch calls to proper persons, will also manage quality of the database, generate data reports, provide technical assistance to database users, and parts in other administrative duties as well. Requires strong office experience, expertise in MS Office, and the ability to be an effective, flexible team member.



Training and Events Coordinator

Vermont Family Network is seeking an energetic team player who is self-directed, motivated in a fast-paced environment, has excellent communication and organizational skills, able to work with a wide variety of people, and can multitask. The coordinator will create a yearly strategic plan for statewide trainings and conferences, understand grant requirements related to trainings, coordinates annual two-day VTN conference, has oversight and responsibility for all training logistics, and conducts workshops. Must have comfort working with MS Office and able to travel statewide with a reasonable amount of weekend work. Bachelor's degree and event coordination experience preferred.

Resume and cover letter to Vermont Family Network, 480 Park Park Road, Suite 200, Williston, VT 05495 or info@vfnetwork.org

Make Caring Your Career



FAMILY ROOM PROGRAM MANAGER

The VNA Family Room is a proven child care offering a variety of programs for parents and their children, both through an on-site and off-site location. The manager will be responsible for all aspects of the program, including: recruitment, training, supervision, and evaluation of staff. The manager will also be responsible for the financial management of the program, including budgeting, billing, and record keeping. The manager will also be responsible for the physical management of the program, including facility maintenance and safety. The manager will also be responsible for the administrative management of the program, including reporting and communication with the community.



VISITING NURSE ASSISTANT AT CHILDREN AND ADULT CARE CENTERS

Full-time at home.

For all info call 1-800-444-4444 or visit www.vna.org

Serifini, Inc. Announcement of Staff Position Opening: DOMESTIC AND SEXUAL VIOLENCE LEGAL ADVOCATE

Organizational Description: Serifini is a 501(c)(3) nonprofit that provides free and confidential services to victims and survivors of domestic violence, sexual assault, dating violence and stalking in Orange County and Southern Orange County, Vermont. Serifini also offers comprehensive direct services, shelter, crisis intervention, full range of government and community education program training.

Job Description: This is a full-time position providing pre and legal support, court advocacy and direct service to victims and survivors of domestic violence, sexual assault, dating violence and stalking. All duties are direct and/or staff follow a training manual for best practice coverage. This position is located at our facility, 100 North Main Street, Suite 100, in South Orange County, Vermont. The position is full-time, 40 hours per week, and is a full-time position.

Minimum Qualification: Five years of understanding of women's issues, domestic violence and past experience with legal advocacy and ability to interact with other providers. Competitive salary and excellent benefits. People from diverse communities encouraged to apply.

Please send a letter of interest and resume to:
 Hiring Committee at info@serifini.org



recruiting?

CONTACT
 MICHELLE:
 865-1020 x21

michelle@sevendaysvt.com

SEVEN DAYS



Forward Center

Developmental Services

SPECIALIZED COMMUNITY SUPPORT WORKER
30 weeks semi-structured 18hrs/2 shifts/week supporting a changing 11 year old high school student with significant developmental delays from 14 months - 7 years on Monday, Tuesday and Thursday. Duties include but not limited to assisting with social skills, self care, and academic skills. Duties include but not limited to assisting with social skills, self care, and academic skills. Duties include but not limited to assisting with social skills, self care, and academic skills.

Mental Health and Substance Abuse

COMMUNITY SUPPORT CLINICIAN
Delivers large, complex and integrated mental health services to patients with various mental health issues. Provides support to patients with various mental health issues. Provides support to patients with various mental health issues.

RESIDENTIAL PROGRAM COORDINATOR - BETHLEHEM LIBERTY
Residential Program Coordinator - Bethlehem Liberty. Provides support to patients with various mental health issues. Provides support to patients with various mental health issues.

INFO: LABORATORY TECHNICIAN - CHESTERFIELD CLINIC
The Chesterfield Clinic is looking for temporary/seasonal laboratory technician starting Jan 1st. Primary responsibilities include performing urinalysis, chemistry, hematology, coagulation, and other laboratory tests. Duties include but not limited to assisting with social skills, self care, and academic skills.

www.forwardcenter.org

Licensed Psychotherapist

Space available in well established women's practice on Burlington waterfront. Beautiful suite with kitchen. Parking included.

Connecticut Psychotherapy
860-651-7608

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EDUCATION CONSULTANT II (Learning Disabilities)
Department of Education

We have an exciting and challenging leadership opportunity to work with Vermont schools in providing statewide training and technical assistance in the characteristics, accurate identification and programming for students K-12 with specific learning disabilities. One responsibility of this position is to design and implement statewide scale-up of Response to Intervention. Incumbents are expected to operate with a great deal of independence, designing and implementing complex statewide programs, including substantial financial and programmatic responsibility.

This disability specialist position requires a Master's degree in special education or a related field with extensive knowledge/experience with specific learning disabilities.

For additional information regarding this position you may contact Karin Edwards at 802-656-5015 or email karin.edwards@state.vt.us. Reference job posting 29342: Montpelier - Full Time.

To apply for this position, please go online to the Department of Human Resources web page at http://humanresources.vermont.gov/career_center.

www.vtvt.com/jobs/Info

VERMONT

7 7 7

REV Executive Director

Renewable Energy Vermont (REV) provides an intelligent transformation from a fossil fuel based economy to its economy non-energy based on renewable energy.

REV seeks an Executive Director to manage multiple priorities, represent the organization, supervise staff and volunteers, and manage daily internal and external operations. This full-time position reports to the REV Board of Directors and is based in Montpelier. A bachelor's degree, five years of experience in not-for-profit organizations, excellent verbal and written communication skills, and a passion for renewable energy are required.

Log on to our website www.renewablevt.org for a complete job description and to apply electronically for this exciting position. The search will remain open until filled.

REV is an equal opportunity employer.

Renewable Energy Vermont

NURSE PRACTITIONER OR PHYSICIAN'S ASSISTANT

Porter Medical Center, a community hospital located in Middlebury VT, is seeking a part-time, 40 hours per two-week-pay-period, mid-level provider to work in our 24/7-visit-per-year Emergency Department in collaboration with 24/7 physician coverage. Emergency Medicine experience preferred but not required. Qualified candidates must have current Vermont licensure as a Nurse Practitioner or Physician Assistant.

Porter Medical Center offers a competitive compensation and benefits package as well as the opportunity to join a hospital in a picturesque setting with a collegial staff that prides itself in delivering outstanding care to the patients we serve.

If you are interested in joining our team, please contact: David Fuller, Human Resources Manager, 802-388-8867, or by email at dffuller@portermedical.org.

For more information on Porter Hospital please visit our website at www.portermedical.org.

Porter MEDICAL CENTER, INC.

Wichard/Packard group, the world's leading manufacturer of packing, industrial all in purchasing positions, is looking for a new CUSTOMER SERVICE member for our inside sales team

This is an entry level position is a person who is self-motivated, enthusiastic, well organized and has excellent communication skills, please report and an exceptional rate for customer service. The job will be based in our new office in Georgia, VT

Wichard/Packard Group
1000 River Road
Fairfax, VT 05454
Seamus@wichard.com



Assistant Front End mgr.

Assistant Front End Manager

We're looking for an Assistant Front End Manager to oversee front end operations and staff. This person will be responsible for ensuring the highest standard of prompt, friendly, efficient and helpful customer service. Qualified candidates must have successful customer service skills, an Associate degree or equivalent work experience, experience supervising others and the ability to work evenings and weekends.

Third Shift Cook

Third Shift Cook

We're looking for a full time Cook to prepare food for all sorts of our Prepared Food departments on the third shift. Qualified candidates must have previous cooking experience (in a professional kitchen) and the ability to work evenings on weekdays and weekends. Candidates should also possess effective communication skills, be team players and have a good sense of humor.

City Market, Inc.
625 Vermont Ave. East
Burlington, VT 05401
citymarket.com

YOUR EXPERTISE



OUR FUTURE

Histotechnician - PART TIME

Our outpatient Dermatology clinic is looking for a Histotechnician familiar with Mohs procedures

Primary tasks include Cryostaining of tissue, slide prep and fixation, staining, cover slipping, crystal cleaning and instrument cleaning and autoclaving

This position offers flexible hours, November 30 - December 30



Apply at www.fletcherallen.org

Fletcher Allen proudly offers a non-smoking, smoke-free environment. We are an Equal Opportunity Employer M/F/V/D

PRENTISS SMITH & COMPANY, INC.

SOCIALLY RESPONSIBLE INVESTMENT MANAGEMENT

Equity Research Analyst - One of Vermont's leading investment firms is expanding its equity research team. We are looking for an individual with the perspective, temperament, and analytical ability that leads to superior investment selections. Position calls for creative, individual research coupled with the ability to engage in incisive debate with other analysts. Competitive starting salary/excellent benefits.

Send cover letter and resume to Prentiss P. Smith at prentiss@prentiss-smith.com



STAFF NURSES HIRING LPN and RN

Wake Robin, Vermont's only continuing care retirement community, seeks experienced dedicated nursing professionals to complement our health care staff. Staff at Wake Robin provide high quality nursing care in a fast-paced residential and long-term care environment. Wake Robin offers an excellent compensation and benefits package and an opportunity to build strong relationships with staff and residents in a dynamic community setting. We have openings for:

Full-time Staff Nurse Nights (40 hours)

Staff Nurse Nights (16 hours every other weekend)

All nursing staff are responsible for rotating weekend shifts. Interested candidates please email hr@wake-robin.com or fax your resume with cover letter to HR, (802) 264-5148, EOE.

WASHINGTON COUNTY MENTAL HEALTH SERVICES

COMMUNITY-BASED CASE MANAGER

262 hours w/ benefits. Seeking a memory-oriented mental health clinician to provide case management services to patients with mental illness. This is an outreach-based position that includes conducting service coordination, skills teaching and advocacy. We are interested in having a client-oriented, enthusiastic clinician with a good sense of humor. Bachelor's or master's degree in related field with a minimum of one year experience working with persons with mental illness. Minimum, experienced individual able to multitask. Supervisor (second mental health license) provided. Please send resume to:

Personnel Department
Washington County Mental Health Services, Inc.
PO Box 447
Keeney, VT 05481
Celebrating 40 years of service to our community

New,
local,
scam-
free
jobs
posted
every
day!

sevendaysvt.com/classifieds

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- In the financing of housing...
- In the provision of Real Estate Brokerage Services...

It is illegal to discriminate against any person because of race, color, religion, gender, handicap, national origin, family status, sexual orientation, sexual identity or because you have children or a housing subsidy.

If you've been denied access to housing, contact us.

The Housing Discrimination Project, Inc.

Call Toll Free 1-800-675-7309 or 1-800-889-2047

www.vtlegalaid.org

Good Stuff in Store

BY JEFF

That happened in the teaching kitchen that I was added to The Store in 2003, as a space that once served as a playroom for her grandchildren. Now cooking demos — such as Provenzi's — and hands-on classes with staffer Julia Barabara are on the monthly agenda.

With just a handful of tables and lots of seats at the bar, the kitchen feels cozy and intimate. Although cooks use All-Clad and Le Creuset for the lessons, an array of antique copper pots makes one feel as if Julia Child could appear at any moment and start whipping up some herb-fennel soup. "It's always been my joy to have copper in here," said Rose.

Provenzi's menu course — slow roasted ribs with roasted winter vegetables —

Wendell made from greens, for bouillabaisse and dried flowers abounded. Sparkling lights, ornaments and sprays of berries peeked from among the products. A colorful Thanksgiving display featured orange Vince Xterra candles, antique silver figurines, a pair of reading glasses and a dome entitled How to Cook a Turkey. Every week held another dish, seasonal or stocking-stuffer that is suddenly seasonal both treatable and necessary.

For those who live outside the Valley, The Store has enough cooking classes and demos scheduled between now and Christmas to provide ample courses for a feast. On November 28, there's a \$88 lesson on season on knife skills and smoking sirloin. On December 3, those lessons are devoted to "traditional French Christmas food." A week later, participants can learn how to create edible gifts.

During the winter, Barlett pointed, the Store's customer base is evenly split between locals who "don't want to drive to Burlington to get a muffin tin", tourists, and in the house "Vermonters who head into the Valley to seek out goodies they can't find elsewhere."

"We have a copper tea, Maxwell, that's really beautiful," Barlett noted. Priced at hundreds of dollars per piece, though, it may not go quickly. "Check with me after Christmas," Rose said with a chuckle. There, there's old-fashioned ribbon candy, April Cornell items and an antique porcelain soup tureen that looks like Cinderella's pumpkin.

The Store's library is well curated on its cookware selection. "We take a lot of time and effort researching the newest, most fun cookbooks," said Barlett. Thomas Keller's new *Art of the Braise* is prominently displayed. It is local writer Gertie Bullock Provenzi's tell-all baking book. Perhaps the volume Provenzi says is in the process of writing will end up saving them.

A week after the demo, the store celebrated its annual holiday season kickoff with 20 percent discounts. Customers packed the narrow aisles, checking out fancy scented kitchen soaps, bottles of postcard vinegar and sparkling holiday ornaments. In the teaching kitchen, there was wine to be tasted and samples of cranberry almond tea.

But perhaps the biggest attraction was Rose herself. Perched in a chair, sipping a sample of rose wine, she bantered with patrons who stopped to greet her. Nearly a half century after she turned her "kitchen" into a business, Westfield's queen of the kitchen is still going strong. ☺

ALTHOUGH THE STORE IS CLEARLY DIVIDED INTO SECTIONS — COOKBOOKS TO THE RIGHT, CUTLERY TO THE LEFT — THERE'S A LOT OF INTUITIVE ORGANIZATION, TOO.

would have been to Child's liking, but he actually seems to be a "male version of tea parties." As he skirted rose hot tureen again for an on-the-go-scented star and popcorn soufflé for a walking pass by dabbling the ends in champagne, he told stories about being on reality TV. "We didn't have cell phones. We couldn't call our families. No Probs Everybody gets really emotional," he said. "I would never do it again!"

Asked how he felt about his own partner's cooking abilities, he responded candidly. "I think a lot of other people on the show cooked garbage." Other observations? Tyler Florence of *Tyler's Ultimate* is "evil," just show runner Guy Fieri actually took the time to get to know contestants, and Bobby Flay is "adorable, but he needs more time in his life. He's so party."

The shop was closed by the time guests finished sipping on Provenzi's dessert — deep-fried apple spring rolls served with cups of honey spiced agave — but it was hard not to linger as the shop out.

Outside the kitchen, The Store was a testament to Rose's authentic ideal that, around the holidays, every meal and every should reflect the season.

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1000 words

ILLUSTRATION BY SEAN METCALF

Sometimes, an aptures the essence of a moment in ways that words simply can't. So rather than news coverage, we show in the traditional way, we asked local artist Sean Metcalf with drawing a recent performance by local indie blowtorch at Muddy Waters through his unique lens as an observer. As the songs goes, a picture is worth a thousand words — which, incidentally, is about 200 more than the typical word count in this section. —Steve



WED.25

Burlington area

UN LOUNGE 1000-1000 Queen City Banquet & Events
with George (Jasper) (Jasper) (Jasper) 7 p.m.
Free. Dancers (live music) 10 p.m. Free.

LEON & BRYAN & CAPTAIN Live Band (live music)
10 p.m. Free.

LOVE 1000-1000 Queen City Banquet & Events 10 p.m.
Free. Dancers (live music) 10 p.m. Free.

HANNAH & PIZZAN PIZZAN Live Band (live music) 10 p.m.
Free. Dancers (live music) 10 p.m. Free.

MURRAY WATERS Live Band (live music) 10 p.m.
Free. Dancers (live music) 10 p.m. Free.

Quintet: 1000-1000
MURRAY Live Band (live music) 10 p.m. Free.
A Day (live music) 10 p.m. Free.

ANDREW BEAN Live Band (live music) 10 p.m. Free.
Live Band (live music) 10 p.m. Free.

THE SQUAD Live Band (live music) 10 p.m. Free.
Live Band (live music) 10 p.m. Free.

central

CHARLES R. LIVE MUSIC Live Band (live music) 10 p.m.
Live Band (live music) 10 p.m. Free.

Live Band (live music) 10 p.m. Free.
CLUB MURRAY WATERS Live Band (live music) 10 p.m.
Free.

champlain valley

CLUB MURRAY WATERS Live Band (live music) 10 p.m.
Free.

THE MURRAY WATERS Live Band (live music) 10 p.m.
Free.

northwest

CLUB MURRAY WATERS Live Band (live music) 10 p.m.
Free.

Holiday deadlines

DECEMBER 22 & 29 ISSUES*



* SEVEN DAYS

will be published on Tuesdays during these weeks and will not be published on Wednesday January 6, 2010

- **Calendar events**
Thursday noon 12/17 (for 12/22 - 1/6)
- **Art shows**
Thursday 5 p.m. 12/17
(Exhibits starting before 1/6)
- **Club dates (music)**
Friday noon 12/18 (for 12/22 - 1/6)
» sevendaysvt.com/postevent
- **Classifieds, classes & jobs**
Thursday noon 12/17 (in print only)
» sevendaysvt.com/classifieds
- **Retail advertising**
Thursday 5 p.m. 12/17
» 802-854-5884

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Be here now.

Sign up for **NOTES ON THE WEEKEND**, our email newsletter, for an update that directs you to great **shows, restaurants, staff picks** and **discounts** for the weekend. We'll also keep you posted on SEVEN DAYS events and contests.

»»»»»»»»»»»»»»»» sevendaysvt.com

SEVEN DAYS
NOTES ON THE WEEKEND





WEB OF 'Y HOOTS AND HELLMOUTH (ROOTS)

Give a Hoot As front man Sean Hoots puts it, Philadelphia's **HOOTS AND HELLMOUTH** made its "new music for old souls." That's a succinct description for the six-piece trio's drench spin on plucky Americana, which conjures elements of roots and old-time soul, well, old soul. Touring behind their delightfully scruffy new album, *The Hole Open Street*, the band makes a stop at Club Metronome on Wednesday, December 2.

MON 10-11 PM

TUE.01

burlington area

HIGHER DISORDER 8 PM-10 PM Dark Star Dubwise

(Soulful Dub Tunes) 8 p.m. 200 VO AA

LOUNGE DIVING & LAPE Open Hocket (Jazz) 7

p.m. Free

LPT Karaoke matches 8-10 p.m. Free**THE HIRSHY PRIDE** 10 p.m. Open the with**BRIDE** 10-11 PM Free**HEAT'S CLUB ROCK PUB** Open the Night 8 p.m.

Free

HEAT'S 10 PM Open the Tuesday with the**Heat's** Blues Band 10 p.m. Free/50-100**HARD BEAT** Seth Galtier (singer songwriter)

8-10 p.m. Free. Heavy Tons Galtier (singer/song)

10-11 PM

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central**CLUB 8 PM** Karaoke 10 p.m. Free

TUE 01 8 PM



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LIVE MUSIC

WEDNESDAY 11/29
The Roots (Jazz)
8 p.m. Free or 10-15

THURSDAY 12/2
The Roots (Jazz)
8 p.m. Free or 10-15

FRIDAY 12/3
The Roots (Jazz)
8 p.m. Free or 10-15

SATURDAY 12/3
The Roots (Jazz)
8 p.m. Free or 10-15

SUNDAY 12/3
The Roots (Jazz)
8 p.m. Free or 10-15

MONDAY 12/3
The Roots (Jazz)
8 p.m. Free or 10-15

TUESDAY 12/4
The Roots (Jazz)
8 p.m. Free or 10-15

WEDNESDAY 12/5
The Roots (Jazz)
8 p.m. Free or 10-15

THURSDAY 12/6
The Roots (Jazz)
8 p.m. Free or 10-15

FRIDAY 12/7
The Roots (Jazz)
8 p.m. Free or 10-15

SATURDAY 12/8
The Roots (Jazz)
8 p.m. Free or 10-15

SUNDAY 12/9
The Roots (Jazz)
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music



FRI. 21, SAT. 22, SUN. 23 // HEATHER MALONEY (JUNIOR-SONGWRITER)

Under the Influence

Road up enough on Massachusetts-based rock trio **HEATHER MALONEY**'s debut disc *Guy Racer's Edge* and you'll notice a curious critical consensus unfold, as one howlerder scribbles after another attempts to pin down her sound by evoking an eyebrow-raising range of potential influences. But can one singer really merit comparisons to a punter's purveyor of Joan Mitchell, Kate Shueker and Jeffery Street? Um, no. But don't hold that against her. While each of those artists — and quite a few others — may have inspired Maloney, her music boasts her own entirely singular charm. This week she plays three areas shows: Friday at The Back Room in Morroville, Saturday at the Skinny Pancake in Burlington, and a Sunday instance at Montpelier's Laughlin Street Café.

TUESDAY

PAUL STREET CHILL AND R&B Andy Jones (rock) 7 p.m. Free.

SLICE AND LODGE & TAVERN Twelve Tuesdayz with Andrew (jazz) 8 p.m. Free.

champlain valley

WINE & MUSIC Night (Jazz) 7 p.m. Free.
THE BROOKLYN TAPROOM Mountain Music Ensemble 8 p.m.

northern

PIZZASNO November 8 p.m. Free.

WED. 02

burlington area

THE GARDEN Tevinor, Ouseau City, Nalgawater, Seren, with the Red Hot Chili Peppers (jazz-rock fusion) 7 p.m.

FREE (Three together live) (jazz) 8 p.m. Free.

CLUB MONTPELIER Heidi Hahndorf & Friends 8 p.m. \$10 cover.

HEATHER MALONEY Heather Maloney & Friends (jazz-rock fusion) 8 p.m. \$10 cover. All.

LEONARD MAYER & CAFE Paul Adams (jazz) 7 p.m. Free.

LIBR (Champlain Valley) 8 p.m. Free.

MONDAY NIGHT JAZZ & POP Open Mic with Andy Jones (jazz) 8 p.m. Free.

WINE & MUSIC Dan Schmitt, Wednesday with Andrew & A Day (jazz) 8 p.m. Free. \$10 cover.

WINE & MUSIC November 8 p.m. Free. \$10 cover. Free. \$10 cover.

central

SLICE AND LODGE & TAVERN Open Jam 8 p.m. Free.

champlain valley

CITY LIBRARY November 8 p.m. Free. \$10 cover.

ON THE EDGE Open Mic Session, 7:30 p.m. Free.

THE BROOKLYN TAPROOM Open Mic Night, 8 p.m. Free.

northern

FREE & RIBS November 8 p.m. Free. \$10 cover.

regional

MONTEPELIER November 8 p.m. Free. \$10 cover.

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sat 11-6

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calendar

NOVEMBER 21-DECEMBER 22, 2005

28 | FILM



A Drop of Golden Sun

If, along with raindrops on noses and whiskers on kittens, the sound of *Music* is one of your favorite things, you'll want to do so on when you get wind of the upcoming show at Woodstock's Town Hall Theatre. Much more than just a film showing, the traveling *Sing-Along Sound of Music* brings Julia Andrews back on screen in Technicolor glory while local performance artist Robert Q leads audiences through each classic (and helpfully subtitled) song, from "Climb Every Mountain" to "Edelweiss." A "major moment pack" supplies viewers with props to bring ration for tea to life, and a "dancy-dance competition" lets fans show off their devotion. Previous winners have ranged from girls in whose dresses web-blue satin sashes to a 30-member turf-covered group disguised as the Alps. Whichever fills your heart with the sound of music...

'SING-ALONG SOUND OF MUSIC'

Saturday November 26, 7 p.m., at Town Hall Theatre in Woodstock, \$12-18. Info: 437-3561 www.pottingerarts.org

Touchdown!

Turkey Day traditions tend to be deep-rooted, but Huntington tops the charts with a custom so tried, that it stretches back 50 years. The Turkey Bowl, an annual game of touch football held on muddy late-fall turf, began in the 1950s as a neighborhood affair at the Old North Road's Peewee Park. Over the years, more friends and families flowed in their hula, and, in 1975, the game moved to the South Road's larger Stetson Park. Now pigskin tomes are making the half-century milestone with a St. John's Club celebration on the eve of the game and a group donation to the community food shelf. Like usual post-game customs remain. Players will toast on the original game field before kicking back at the Old Northender Pub. More than the game itself, says Huntington native Alan Abner, "It's all about seeing people you generally don't see during the year."



50TH ANNUAL TURKEY BOWL

Thursday November 24, 12:30 p.m., noon at Stetson Park in Huntington. Free. St. John's Club celebration on Wednesday November 23 at 7 p.m. Info: 653-0535

Looks Like Christmas Came Early

You're not wrong if it seems like the holidays start sooner every year. Shops have already been busting stocking stuffers for a few weeks, and now Cuff Nae Productions is jumping on the yuletide bandwagon immediately after Thanksgiving. But that's OK. With twinkling frigates and post-familial reunion shock, "The day or two after Thanksgiving is always rough," quips Stefan Weigand, an organizer of the "Holiday Hangover Cabaret and Buffet." What better way to subdue these turkey come Shes than with a raucous case of the giggles? A smidgen of local actors and singers present a variety show of Christmas jay, chuck full of cliche, original and not-so-traditional songs. Think parod of carols and a karaoke contest, for starters. A postcard of lecherous tops off the early merry-making



27 | THEATER

HOLIDAY HANGOVER CABARET & BUFFET

Friday November 25, 7:30 p.m., at Valley Forge Theatre in Watfield. \$12. Info: 485-4361

The Puppet Masters

Unlike L. Frank Baum's *The Wizard of Oz*, the No Strings Marionette Company's production of *Wanda: A Dragon's Tale* doesn't need a "man behind the curtain" to set its magic in motion. Instead, puppeteers Barbara Paulsen and Don Reynolds perform in full view. "Children are interested in seeing how the puppets work and how we do things," explains Reynolds. So, he takes whimsy using the coming to life of its painstakingly crafted marionettes — including a process, a stylish knight and an enormous 7-foot dragon — audiences will be captivated by intricate red-and-orange marionettes. And they'll get to hop onstage after the spunky fairy tale to meet the figures and their makers. — because, as we all know, he had every great puppet in a great puppet to it.



28 | THEATER

'WASABI: A DRAGON'S TALE'

Saturday November 26, 11 a.m., at Chandler Music Hall in Randolph. \$5. Info: 787-5434 www.chandlerarts.org

food & drink

GRILL BROS. Indulge and procrastinate for a Christmas weekend with a great event featuring grill and barbecue. **How Slow-Lowling** Performing Arts Center, Burlington, 3, 30-7 30pm, Free, Info 854-8533

health & fitness

LAUNDRY TUBS. What is a laundromat? Sign up and see people wash their laundry in a laundromat to enhance physical condition and spiritual health and well-being. **Wiley Community and Recreation Center**, Burlington, 9-10 am, Free, Info 330-3275



holidays

CHURCHVILLE VILLAGE HOLIDAY PARTY. Celebrate with your neighbors, sing songs at a wine and ballroom and musical celebration. **St. John's Episcopal Church**, 407 South Church St., Burlington, 7-9 pm, Free, Info 333-3249

kids

CRASHING THE PARTY. Adults of all ages bring old-fashioned holiday party games, drinks and other festive things to make kids' parties so easy to accompany by an adult. **First Free Library**, Burlington, 3-5 pm, Free, Info 333-3238



DANCE CLASS. Four-year-olds will enjoy to repeat their dance steps and learn new ones. **St. John's Episcopal Church**, 407 South Church St., Burlington, 9-10 am, \$10, Info 333-3238

MUSIC WITH MOTHERS. The best of a variety folk and traditional tunes on SPB explores music with their children of all ages. **First Free Library**, Burlington, 3-5 pm, Free, Info 333-3238

DECRY WASH. When a child's face looks like a mess of red spots, it's time to wash. **St. John's Episcopal Church**, 407 South Church St., Burlington, 9-10 am, Free, Info 333-3238

EVERYTHING. Youngsters ages 11-13 gather for songs, finger plays, puppets and more. **First Free Library**, Burlington, 3-5 pm, Free, Info 333-3238

END-OF-SESSION CONCERT. Music students from all schools will perform at the end of the session. **St. John's Episcopal Church**, 407 South Church St., Burlington, 9-10 am, Free, Info 333-3238

WINTER OF THE WINTER. A story about a boy who goes to work on a farm. **St. John's Episcopal Church**, 407 South Church St., Burlington, 9-10 am, Free, Info 333-3238

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sport

ADULT YOGA & PIRCE HOCKEY. Adults of all ages will enjoy a yoga session and a hockey game. **St. John's Episcopal Church**, 407 South Church St., Burlington, 9-10 am, Free, Info 333-3238

theater

THEATRE. A play about a boy who goes to work on a farm. **St. John's Episcopal Church**, 407 South Church St., Burlington, 9-10 am, Free, Info 333-3238

ADULTS FOR THE SOUND OF MUSIC. A play about a boy who goes to work on a farm. **St. John's Episcopal Church**, 407 South Church St., Burlington, 9-10 am, Free, Info 333-3238

MY LIFE IN THE TOWNHALL THEATRE. A play about a boy who goes to work on a farm. **St. John's Episcopal Church**, 407 South Church St., Burlington, 9-10 am, Free, Info 333-3238

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calendar

TUE.02 & FRI.02

Widespread on Green production of the city's last
work, Tuxedo. Tuxedo Theater Midway 7
p.m. \$12. Info: 875-5323.

WINGS OF THE BURGUNDY
SALAD. A new play-doh and
the wings of a butterfly. A new
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Lynch. 1011 1st Street
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\$12. Info: 875-5323.

seconds

WINGS OF THE BURGUNDY The award-
winning production of the city's last
work, Tuxedo. Tuxedo Theater Midway 7
p.m. \$12. Info: 875-5323.

WINGS OF THE BURGUNDY The award-
winning production of the city's last
work, Tuxedo. Tuxedo Theater Midway 7
p.m. \$12. Info: 875-5323.

TAL BERRY The author of a book for
learning. The Making of a Scholar. 10-11. 10-11.
The Making of a Scholar. 10-11. 10-11.
The Making of a Scholar. 10-11. 10-11.
The Making of a Scholar. 10-11. 10-11.

WED.02

breakfast

BREAKFAST The award-
winning production of the city's last
work, Tuxedo. Tuxedo Theater Midway 7
p.m. \$12. Info: 875-5323.

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COMMUNITY The award-
winning production of the city's last
work, Tuxedo. Tuxedo Theater Midway 7
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winning production of the city's last
work, Tuxedo. Tuxedo Theater Midway 7
p.m. \$12. Info: 875-5323.

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winning production of the city's last
work, Tuxedo. Tuxedo Theater Midway 7
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FOUNDATIONS FOR CHILDREN: June 20, 8-10:30 p.m. in Den Studio. Open to all ages. Includes a variety of art projects and a presentation of the children's work. **FLYNNARTS** FlynnArts is a non-profit organization that provides art education to children in the Burlington area. Classes are held at the FlynnArts Studio, 1000 Main St., Burlington, VT 05401. For more information, call 802-255-1234 or visit www.flynnarts.com.



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language

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marital arts

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meditation

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pilates

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taichi

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yoga

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Full Spectrum

Art review: "In Studio/Tangent" at JDK Gallery

art

Walking around his Brooklyn sooth-borhood a few months ago, painter and photographer Marshall Harmon was stopped mid-stride by "some quirky art" he saw in a storefront window. Now Harmonian is on it, too.

By arrangement with his friend David Kemp, a principal in the Burlington design firm Jager & Paula Kemp, Harmon has brought samples of that creative work to the JDK Gallery on lower Maple Street. There, "Apple Cat," for instance, is this patterned piece, an unnamed artist has doodled a round head with whiskers, pouty eyes and a smile, alongside are choppy black lines reading: "It's grown on trees and it meows at night!"

Other fantastic creatures fill two of the quadrants in Corey Seaborn's "Animals and Beelines." The piece shows a rabbit and a snake and maybe a chicken but where that thing with the crystallized hair?

Justin Tang contributes "Symbols With Blue Green" to this appealingly odd exhibit. Here, a roughly 12-by-12 inch surface is divided into small squares filled with images that, together, may form a cryptic complex rubric. Some of the markings are recognizable in a cat's branch of grapes, a possible snail, a horse's head. Others may mean something to Tang but will leave his viewers puzzled.

Much of the work on JDK's walls seems to discharge a rawnote. Figuratively speaking, a few pieces, however, hint harmoniously. Corey Blinsky shows a tiny head of a grumpy object and accompanying colors in two nearly abstract compositions. "Fishers and Poles," a cat on collages, and "Colors," a cryptic-and-odd drawing that could be mistaken for an early sketch by California contemporary artist Wayne Thesler.

The show's focal point is a lively, whimsical, full-on message assembled by the millions. All manner of beasts—snakes, elephants, turtles, birds, kangaroos—have been painted into abeyant, lifelike forms of various sizes. A wall text explains that Milken's hands move rapidly as they turn out what he terms his "The Theaters."

Such of the 40 young men and women represented in the gallery's main space is no taste to well as artistic. All take part in a Brooklyn art program developed by the League for the Treatment Center, a long-established organization serving low-income, developmentally disabled New Yorkers. Harmon, who has worked in Burlington as well as in Brooklyn, was so inspired by what he saw there that he signed on as the program's first visiting artist.

About a third of his "neurologically diverse" members qualify as high functioning. Harmon says—meaning they have rudimentary speech skills. Some of the others are "lost" due to their own world, "with not serving as a window to what's inside."



"Apple Cat" by Corey Blinsky

MUCH OF THE WORK SEEMS TO
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HUM HARMONIOUSLY.



"Apple Cat" by Corey Blinsky

Seeking to integrate the interpersonal with the creative, Harmon refers his nature cover on field trips to the main post-office in Brooklyn. "They have to stand in line, pay for stamps, get change, drop the cards in the slot," he recounts. "Then, a couple of days later, it's 'I got mail!' Some of them have probably never gotten mail before!"

"Apple Cat" hangs in a section of the show that features several of the hand-crafted postcards the League artists make and then mail to one another. In another notable example, a series of chalk portraits on black paper include a Santa-style rendering of old school TV star Danny Thomas and a sketch of a house that's supposed to represent dispatch celebrity Joopie Sides, who died recently.

Everything in this show falls under the heading of "Outsider Art," intense collector demand for work by the mentally impaired is evident in the annual Outsider Art Fair in Manhattan, where some pieces sell for thousands of dollars. So who knows? Maybe a rub will form around one of the strains now showing at JDK. The exhibit could be seen in a fairly unassuming opportunity: none of the works on display in good situation than \$100.

The Museum of Modern Art in New York is clearly interested. Harmon and others of the League have persuaded MOMA to expand its "community access" program to include visits to the collection by the outdoor in kids every other Tuesday, when the museum is closed to the general public. An art volunteer from MOMA comes to the League's workshops in Brooklyn on alternate Tuesdays.

Harmon is adamant that such instruction be entirely focused on art and not therapy. "They get plenty of therapy in it," he says of the League's clients. "They're overstimulated, if anything."

Four of Harmon's radically cropped, close-up photos are displayed, along with works by League colleagues Matthew Paolo Murphy and Susan Metzger, in an adjacent room under the title "Tangent." One of Murphy's drawings is a house, pastoral portrait of Justin Tang.

Because most of the work in "In Studio" is unprofessional, this JDK show might be easy to overlook. Give it a chance, though, and it will soothe your mind and touch your heart.

KEVIN J. KELLEY

6 In Wall of Theaters, works by adult artists with developmental and learning disabilities and works by their families, JDK Gallery, 347 1/2 Ave. Through December 8.

ONGOING

burlesque arena

ALAIN BERNARD & SHAWN BOWEN Illustrations and graphic designs that involving a community against aging and homelessness. Through November 30 at Cape Fear and Collins in Burlington. Info: 336-6633

BEN SAUL Landscape photographs of Old Southwest. December through 31 at The Warehouse in Burlington. Info: 333-2438

DEWANE THE SEASON A holiday exhibit featuring new oil paintings by the internationally acclaimed landscape Campbell Dewane and introducing the paintings of Don Calais and Helen Adams from a lecture of Robinson Adams on a recently by Burlington design studio. Through December 30 at Lorton James Gallery in Greensboro. Info: 910-5229

CHARLES HAZARD Collage series. December. Maxine Ray, "Sundays" Design, Print, and Design Master 34 and make. On. Through November 30 at The Daily Planet in Burlington. Info: 862-9647

CHRISTOPHER LYLE "The Mundane" photographs inspired by the diverse yet homogeneous landscape and prominent architecture of Asheville in December 1 through 31 at The Daily Planet in Burlington. Info: 270-9289

CURRY ARTISTS BOOKS AND PRINTS December 2007. Handmade books, originals, and prints. Through November 30 at the Farming Museum in WV. Info: 855-3765

EAST JOHNSON FLEMING CLUB Landscape paintings, mixed media, and the Museum art club. Through November 30 at Red Square in Burlington. Info: 333-2438

EGYPTOGRAMS Art and architecture featuring the Nile's focus on natural things Egyptian in the Willow Branch. Through December 31 at the Farming Museum in WV. Info: 855-3765

ELLEN PERRELL The long, intricate boxes or walls for art photography to her resume with this can be at as long as the document for walking the lake and in each part of the top. Through December 30 at the Farming Museum in WV. Info: 855-3765

ESSENCE ART LANGUAGE GROUP SHOW Original artwork by Lynn Peewee, Jane Smith, and Jane Smith and Ray Kennedy. Through November 30 at the Farming Museum in WV. Info: 855-3765

FRANK PHILLIPS A Trip to the Berkshires & Other Recent Paintings. 50. Inspiring the Burlington photographer in the Picking Room. Through November 30 at the Farming Museum in WV. Info: 855-3765

HAIR HIGHLIGHTS Recent paintings by the internationally known. Through November 30 at the Farming Museum in WV. Info: 855-3765

IN STUDIO/THROUGH Works by adult artists with disabilities and autism and non-disabled who have participated in workshops at the unique Treatment Center and by a 17-year artist. Through November 30 at the Farming Museum in WV. Info: 855-3765

CALL TO ARTISTS

ARTS ALIVE ART ACTION Artists may submit a new piece on Sunday November 28 at Union Station in Burlington. 10 a.m. - 4 p.m. Info: 336-3279 www.artsalive.net

JUDITH PROCTOR "SUNDAY" Through December 31 at the Farming Museum in WV. Info: 855-3765

JOHN HAZARD "Sundays" Design, Print, and Design Master 34 and make. On. Through November 30 at The Daily Planet in Burlington. Info: 862-9647

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TALKS & EVENTS

20TH ANNUAL MOMENTS FESTIVAL OF CRAFTS A multi-day event of crafts in every medium and in every form. Through November 30 at the Farming Museum in WV. Info: 855-3765

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ART SHOWS

RECEPTIONS

BUY ART AT EAST Reception at the East Side Art Center. Through November 30 at the East Side Art Center in Burlington. Info: 336-3279

JOHN HAZARD "Sundays" Design, Print, and Design Master 34 and make. On. Through November 30 at The Daily Planet in Burlington. Info: 862-9647

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3 with John F. Johnson



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MEANWHILE IN WHITE RIVER JUNCTION PART 3

by Maxie Rodighiero (contributing a contribution by John F. Johnson)



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ART SHOWS

BURLINGTON AREA ART SHOWS & Fairs

SMALL PICTURES SHOW Original works by members of the Essex Art League. Through November 30 at Burlington Memorial Library in Colchester. Info: 962-3034

SUNSHY 200 COLLEGE GALLERY GROUP EXHIBITION The 11 member artists of the downtown gallery show their work in a walk and a sit together. Through December 4 at UVM Learning Center in Burlington. Info: 856-4032

"THE PLACE YOU HANG YOUR HAT" Works in multiple media that examine the theme of "home" by 19 artists from Burlington, New York and Connecticut. Through December 8 at Borough Gallery & Studio in Burlington. Info: 762-4625



"The Place You Hang Your Hat" This artwork from Vermont and beyond contemplated, and interpreted, the meaning of "home" for the current exhibit at Burlington's Borough Gallery & Studio. The varied works include paintings in various and wood, photographs, fabric and mixed media installations, and are on view through December 8. Featured "Food Lovers" on 16 high-tech oil on canvas by Philip Hardy.

"THE WIND SHOW" Works from Vermont artists Paul Shilling, Roger Guitman, Robert Loring, Steven Webster, Anne Agostini, Jan N. Chast, Turner, Bruce Cameron, PA Gilis and Maggie S. Sunday who combine text with images in a variety of media, including print, sculpture, assemblage, photo collages and more. Through January 31 at Pennebaker in Burlington. Info: 363-4343

TOBI HARRIS "So Tense, So Murder: The Ban has Landed!" a 100 images of what she saw through a window. Through December 20 at CCV Burlington Cherry Hill Gallery. Info: 662-2008

VALERIE HARRIS "The Modern Village Project: The Banished Old Women" the installation features 100 images of old women from the American West. Through December 20, making the invisible real scenes of weaving, quilting and backgrounds accessible. Through January 2 at Amy C. Turner Gallery, Flynn Center in Burlington. Info: 662-4600

VERMONT WOOD CRAFTERS JEWEL MEMBER SHOW Hand-crafted jewelry by Linda Mangione, Zany V. Baines, Ellen Fogarty, Dennis, Jean Seifert and Lynn Seifert. Through November 30 at Museum's Studio in South Burlington. Info: 329-7620

central

ANTHONY HILLAGE "Ancestral Portraits." Through November 30 at Two Rivers Woodworking Studio in White River Junction. Info: 288-9483

ART RESIDENCE ASSOCIATION ANNUAL SHOW Works exclusively made by members of the central Vermont association. Through December 30 at W. Wood Gallery in Montpelier. Info: 828-6364

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BCA
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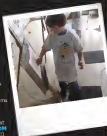
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- First Night Burlington art programs

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art



'The Word Show' In this exhibit, nine local artists share one commonality: language. And not only English — Cuban-born conceptual artist Alexei Arapakis is among the artists whose paintings, sculptures, assemblages, handmade paper and other media include text in obvious or subtle ways. And Snibberg, Roger Coleman, Waseem Lucky, Sharon Webster, Jon Michael Turner, Drew Cameron, PK Ellis and Maggie Standley contributed "visual art infused with words" to the *Wordshow* show, on view through January 3. It's no surprise that some of the artists are also poets, including Webster, whose "Ecor" is pictured here.

CENTRAL ART GALLERY IN SEP

GROUP SCULPTURE SHOW Local artists Kristi Cline, Chris Curtis, David J. Trenchard and Dennis Winterfeldt show works in stone, steel, wood and other media in this seasonal installation. Through May 1st. Vermont Arts Council Sculpture Garden in Montpelier or Info: 855-3632

ISABEL WENIGER HJELSEN Photographs from *Down the Road & Beyond*, a journey of Northwest by the Norwegian artist. Through November 29 at Burlington Light Gallery in Plundered. Info: 454-0341

LINDA WOODWARD "Six Muses" art paintings on silk. Through December 31st. The Great Room in Montpelier. Info: 223-5454

NOBLES TREASURES FOR THE HOLIDAYS Select works by Norman Rockwell, L.S. Bell, Louis Fry, Roy Lichtenstein, A.M. Yu. Through December 31st. The Great Room in Montpelier. Info: 223-5454

ROCK ZAND Photographs by the local artist. Through November 30 at The Green Barn Art Gallery at Capital Goods in Montpelier. Info: 454-0341 or 223-5454

SARIEL GARDNER ARNOLD "Worms, Mammals" art installation at pop shops and galleries. Through November 29 at Greenway Office Gallery in Montpelier or Info: 858-0249

STANFORD ARTWORKS "New Works, New Camera" print and photo exhibitions show artists and artists. Through January 30. Turner Public Library. Info: 855-3632

T. WENIGER Found object assemblages. Through November 30 at Montpelier City Hall. Info: 852-2200-892

VICTOR KALIN "Think Tank" underwater photographs that take the viewer and Cape Cod docks and lighthouses. Through November 29 at Burlington City Hall. Info: 855-3632

champlain valley

BURGESS FIDELLER Sculptural works in wood and stone. Through January 3 at Gallery in Burlington. Info: 247-0325

DEBRAH SHAPIRO LAMBERT A series of "Worms" art installations showing the natural world of the Vermont State in a series of July through and the Little Through December 31st. The Art House in Montpelier. Info: 454-0341

TELLING PATTERNS IN HONOR OF SARAH & JUDITH BIRTHDAY Paintings, drawings and photographs by local artists, featuring an art show and a series of live performances. Through December 31st. Jackson Gallery Town Hall Theater in Montpelier. Info: 303-0438

FRANK BULL "In Praise of the Artist" a series of sculpture and drawings in stone, wood and other materials. Through December 31st. The Great Room in Montpelier. Info: 223-5454

JAMES PHOTOGRAPHY EXHIBITION Forty photos on the Vermont and the Vermont mountains. Through December 31st. The Great Room in Montpelier. Info: 223-5454

LOWELL BROWN BLOOM "New Works" Polaroid images. Through December 31st. The Book Barn Gallery/Powdermill Theater in Burlington. Info: 223-2734

NEIL RAPHAEL "After the Fall" photo print and photo exhibitions. Through December 31st. The Great Room in Montpelier. Info: 223-5454

PRINTS AND PUBLICATIONS WOODS AND ARTISTS OF THE AMERICAN CIVIL WAR Art and material objects featuring 20 original prints from the American Civil War and the American Civil War. Through December 31st. The Great Room in Montpelier. Info: 223-5454

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showtimes

[F] = NEW TALK-VIDEO ON VIDEO
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PARENT RATING: RATES 1-51 = SEVEREST WARNING

BIG PICTURE THEATER

10100 W. 44th Avenue, Suite 100
Overland Park, KS 66204, www.
bigpicturetheater.com

Wednesday 25 — Sunday 27
"Old Dogs" 1 & 9 (F-Sun)
[Parent] "The 11th Hour" 4
"The Last Knight" 6:30
"The Last Knight" 8:30
[Parent] "The 11th Hour" 4

BLISS CINEMEX 1-2-3-4

100 W. Main Street, Suite 100
Overland Park, KS 66204, www.
blisscinemex.com

Wednesday 25 — Thursday 26
"Old Dogs" 1:00 & 3:30
[Parent] "Sun" 7:30, 7:45
"The Last Knight" 9:30
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ESSEX CINEMA

10000 W. 44th Avenue, Suite 100
Overland Park, KS 66204, www.
essexcinema.com

Wednesday 25 — Thursday 26
"Old Dogs" 1:00 & 3:30
[Parent] "Sun" 7:30, 7:45
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MAJESTIC VO

10000 W. 44th Avenue, Suite 100
Overland Park, KS 66204, www.
majesticvo.com

Wednesday 25 — Thursday 26
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Thursday 26 (Thursday)
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MARQUIS THEATER

10000 W. 44th Avenue, Suite 100
Overland Park, KS 66204, www.
marquistheater.com

Wednesday 25 — Thursday 26
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MERRILL'S ROCKY CINEMA

10000 W. 44th Avenue, Suite 100
Overland Park, KS 66204, www.
merrillsrockycinema.com

Wednesday 25 — Thursday 26
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PALACE CINEMA 8

10000 W. 44th Avenue, Suite 100
Overland Park, KS 66204, www.
palacecinema8.com

Wednesday 25 — Thursday 26
"Old Dogs" 1:00 & 3:30
[Parent] "Sun" 7:30, 7:45
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PARAMOUNT TWIN CINEMA

10000 W. 44th Avenue, Suite 100
Overland Park, KS 66204, www.
paramounttwin.com

Wednesday 25 — Thursday 26
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[Parent] "Sun" 7:30, 7:45
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THE SAVOY THEATER

10000 W. 44th Avenue, Suite 100
Overland Park, KS 66204, www.
thesavoytheater.com

Wednesday 25 — Thursday 26
"Old Dogs" 1:00 & 3:30
[Parent] "Sun" 7:30, 7:45
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STONE CINEMA 2 PLEX

10000 W. 44th Avenue, Suite 100
Overland Park, KS 66204, www.
stonecinema2plex.com

Wednesday 25 — Thursday 26
"Old Dogs" 1:00 & 3:30
[Parent] "Sun" 7:30, 7:45
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WELDEN THEATER

10000 W. 44th Avenue, Suite 100
Overland Park, KS 66204, www.
weldentheater.com

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CAPITOL SHOWPLACE

10000 W. 44th Avenue, Suite 100
Overland Park, KS 66204, www.
capitolshowplace.com

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Friday 27 (Friday)
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Saturday 28 (Saturday)
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WEDNESDAY 25

THURSDAY 26

FRIDAY 27

SATURDAY 28

MOVIE CLIPS

© 2004 Blackwell Publishing Ltd *Journal of Internal Medicine* 255: 103–110

IT'S BOLD MAINWAVE The latest from the Toots business is a dark comedy in which a Malaysian judge is pushed into a struggle for moral virtue of the same sort as a life insurance rapidly unravels. **Starring:** Michael Mulligan, Paul Merton, **written by:** Lenny (2015, 10, 10, 10)

THE THRILLING SAGA, NEW ROMANCE NOVEL (Fors)
The Golden Tanager (1942-2003) The total
of almost 1000 pages of the novel is a
heartbreaker for 12th grade senior boy who
wonders if he will ever see his girl again.
The story is set in the 1940s and 1950s.
The author is a woman, and the story is
set in the 1940s and 1950s.
The author is a woman, and the story is
set in the 1940s and 1950s.
The author is a woman, and the story is
set in the 1940s and 1950s.

POUNCE, THE PINK THINGIE, and *Andrew Lloyd Webber*. This adaptation of the beloved Maurice Sendak classic about a little boy who must be brave and tough to help his mother and sister escape the rule of a tyrant of hairy, ungrateful, ugly creatures. Cast with a big name and star power. Featuring Max Records, Columbia Records, Warner Bros. Records, and the New York Philharmonic.

NEW ON VIDEO

INCELS & BORNHOLMERS Tom-Lewis leaves the party's tent and explains the role he played in The Episcopal Cate. (This time it was) the trouble up with a very Italian priest who he thought ought to develop the Catholic Church. Founded the Blue House. And later, after of being, again, there and the St. McGee's was known directly. (190) (see 190-19)

[illegible]

FORGET PEOPLE WHO think about writer-director Justin Aumola combining laughs and bawdiness. Adam Carolla, Seth Green, Jason Segel, and Ben Stiller's comedy of the season has found more. **B** (R, 10/1)

CONVERSATIONS Award-winning director Matteo Garrone offers an extraordinary style portrait of life inside the Italian football community, powered by footballer Paolo Bonolis, as seen in the 2006 book by Roberto Gargano. With Salvatore Striano. *Director's Commentary and Two Soundings*. 1133 min. NT.

IMAGINE THAT I'VE been Muzey's latest beneficiary: his firm playing a workshop, Father who discovers the daughter likes him less for being a spend-thrift than for his magical powers (or, perhaps, just that cardboard box in his business dealings). **Books:** *At the End of the Road*, Nancy Kirkpatrick (doubt), \$15.95 in paperback.

[illegible]

THE ROXY CINEMAS

MOVIEquiz

MEINKE, L. THE ATHERINE AFFAIR.

Between the Scenes

What we've got for you this eleven films. In each, one or more won't take a talking shop with a pro or all available clues — it's — and come up with the title.

LAST WEEK'S WINNER
\$500,000LAST YEAR'S
ANTHROPS

Why: There are
200 million. That's
a lot of potential
customers. And
it's a market that
is growing.

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[illegible]




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- FREE** POLES w/ ANY 2nd / CLOSEOUT BO SKI
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THE K CHRONICLES



TROUBLETOWN

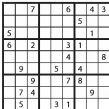


COMICS+puzzles

MORE PUZZLES!
CROSSWORD PUZZLE
[PG. 8] (IN CLASSIFIEDS)

MORE COMICS!
TIM NEVINS' [PG. 9]
RED MEAT [PG. 10]

MORE FUN!
FREE WILL ASTROLOGY
& TOWN GAMES [PG. 11]



⊗ CALCOKU BY JOSH REYNOLDS

DIFFICULTY THIS WEEK: ★★★

For the upcoming numbers it is only once it's only one and column. The numbers in each square outside the "cage" must sum or subtract (the largest number in the cage) using the arithmetic operation in a circle. A cage may also be filled with the target number in the top corner. A number can be repeated within a cage as long as it is not the same color column.

⊗ SUDOKU BY JOSH REYNOLDS

DIFFICULTY THIS WEEK: ★★★

Place a number in the empty boxes in such a way that each row, column, square, row and each of the four squares contains all the numbers from 1 to 9. The same numbers cannot be repeated in a row or column.

★ = MODERATE ★★ = CHALLENGING ★★★ = HARD BOY! — FIND ANSWERS & CROSSWORD IN THE CLASSIFIEDS SECTION

AMERICAN ELF

THE SKETCHBOOK DIARIES
OF JAMES SCHALKHA

Drinks

EVERYONE WAS A DRINK, BUT ME



NOVEMBER 17, 2009

the AFTERBATH



NOVEMBER 20, 2009

Progression



NOVEMBER 21, 2009

DOG'S WORLD Doug Ose



Slowly it occurs to the Indians: Maybe the Pilgrims didn't really like Europe — maybe they were looking one

NO RAIT Andy Singer



NOVEMBER 20, 2009

NOVEMBER 20, 2009

NOVEMBER 20, 2009

NOVEMBER 20, 2009

If you've
squared, you
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